



CHALLENGE
ST. PÖLTEN

PRESENTED BY



29. – 31. MAI 2026

Sportzentrum Niederösterreich

HERZLICH WILLKOMMEN

competition jury:

- TD: Bernhard Huszar
- Chief TO: Bibiana Dirkes

weatherforecast (may, 28th)

- morning: 15^o C
 - midday: 23^o C
- partly cloudy

water temperature (may, 28th)

- 21-22^o C
- wetsuit announcement may 25th

timetable – friday, may 29th

Friday, 29th May 2026 | NÖ BAUHAUS Company & Fun

10:00 – 18:30	EXPO / INFO Point
10:00 / 11:00	Press Conference PROS / Race Briefing PROS
10:00 – 18:00	Registration CHALLENGE St. Pölten
10:00 – 16:00	Registration NÖ BAUHAUS Company- & Funtriathlon
14:00 – 16:20	Bike Check-In NÖ BAUHAUS Company- & Funtriathlon
16:30	Race Briefing NÖ BAUHAUS Company- & Funtriathlon
16:45	START NÖ BAUHAUS Company- & Funtriathlon
18:30	Pasta Party & Challenge St. Pölten Opening Ceremony
18:30	Award Ceremony NÖ BAUHAUS Company- & Funtriathlon

timetable – saturday, may 30th

Saturday, 30th May 2026 | Junior Challenge

9:00 – 18:00	EXPO / INFO Point
9:00 – 15:00	Registration CHALLENGE St. Pölten
10:00 – 13:30	Registration Junior Challenge
11:00 – 17:00	Bike Check-In CHALLENGE St. Pölten
11:30	Race Briefing CHALLENGE St. Pölten (DEUTSCH)
13:30	Race Briefing CHALLENGE St. Pölten (ENGLISCH)
14:00	START JUNIOR CHALLENGE
~16:00	Award Ceremony Junior Challenge

timetable – sunday, may 31st

Sunday, 31st May 2026 | CHALLENGE ST. PÖLTEN

05:45 – 07:00	Transition open
07:00/07:20/07:30	START PRO WOMEN / START PRO MEN / START AGE GROUPS
by 7:45	All Bike-Run athletes have to be arrived at transition
09:00 – 17:00	EXPO / INFO Point
from 11:00	First Finisher
from 11:30	Street-Ware bag return
11:00 – 16:30	Relaxing Zone
until 16:30	Bike Check-Out Start: after last athlete is on run course – no liability after 16:30
ab ~17:00	Award Ceremony and slot allocation (top 6) – after last finisher

bike check-in:

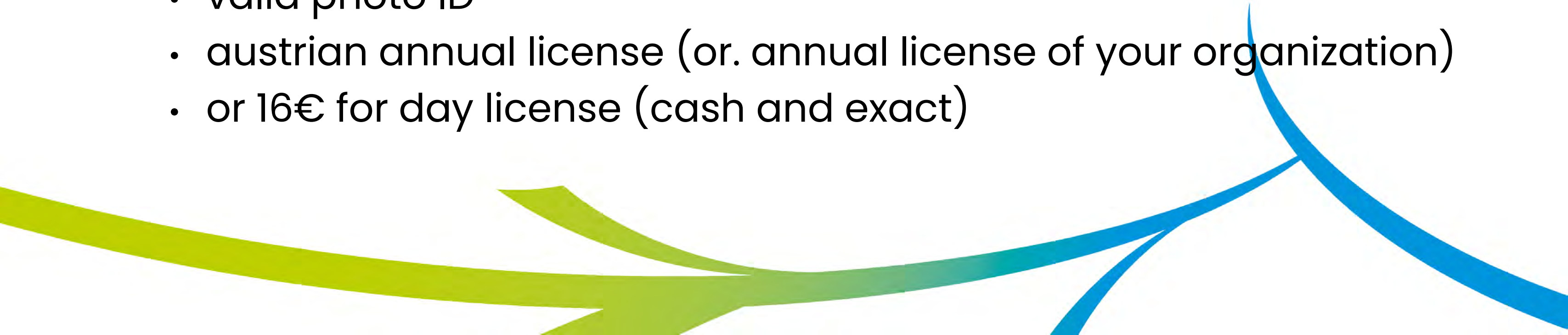
saturday 11am-5pm (@transition – southern entrance)



registration

- registration is located in the HYPO Lounge in the SKN stadium
- you need to know your BIB number (see start list on website)
- no bikes allowed in registration area


what you need to have with you

- valid photo ID
 - austrian annual license (or. annual license of your organization)
 - or 16€ for day license (cash and exact)
- 

registration relay

- you need to know your BIB number (see start list on website)
- no bikes allowed in registration area

what you need to have with you

- valid photo ID
 - 6€ for day license (cash and exact) – per team independently from annual license
- 

Registration at the „HYPO Lounge“ of the NV Arena



wristband

- you must wear your athletes wristband all the time = entry to all areas with access controls (transition, pre-star area, relaxing zone).
- also during the race!!!



additional information

all bikes must be checked in on Saturday!

relays:

- waiting area for bike and run in front of transition (see signs)
- one chip per relay team that is passed on
- relay biker is allowed to enter transition not before 7:30am (entrance north)

aquabike:

- start after last group of middle distance
- Timing ends at the dismount line (descent line after cycling) in front of the transition zone After the “finish line”:
- Take the bike into the transition zone, change your shoes and run through the finish arch in the finish line

bike-run:

- there will be a waiting area next to the tunnel of the stadium
- start: single start individually after TO gives a signal (starting at 8.00 am)
- entry to pre start area in transition on sunday between 7:20 and 7:45 (entrance north, left of track fences)
- timing starts after exit transition at mount line

bike check in



The entrance to the transition area is on the south side.

Rain covers on bicycles inside the transition area are prohibited and will be removed by staff without notifying the athlete(s).

bike check in

1



put your bike race number on the seat-post

2



put the helmet number with the logo on the front of your helmet, the other 2 on the left and the right side of the helmet

3

put your bag stickers onto the 3 transition bags and bring the blue and orange bag to the bike check in

4

put on your helmet and close the helmet band

5

after the control by the TO, bring your bike to the position with your number.
The saddle must be hooked into the bike rack

6

put the red and blue bag on the hangers with your number

7

relay: only biker is allowed to check in transition area

8

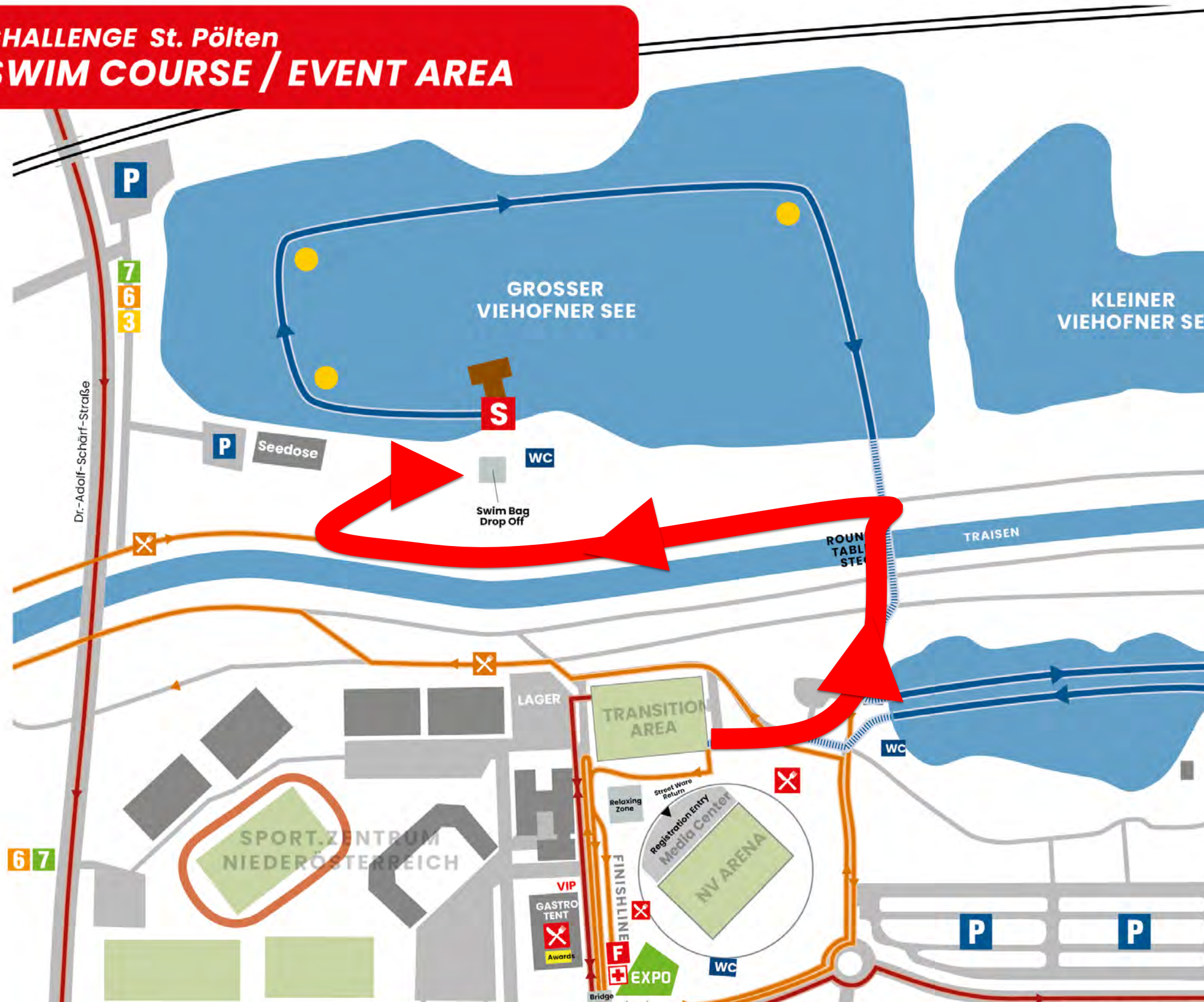
you must not: cover your bike, use wheel chain oil, add additional marks on transition bags or bikes

- **pre race:**

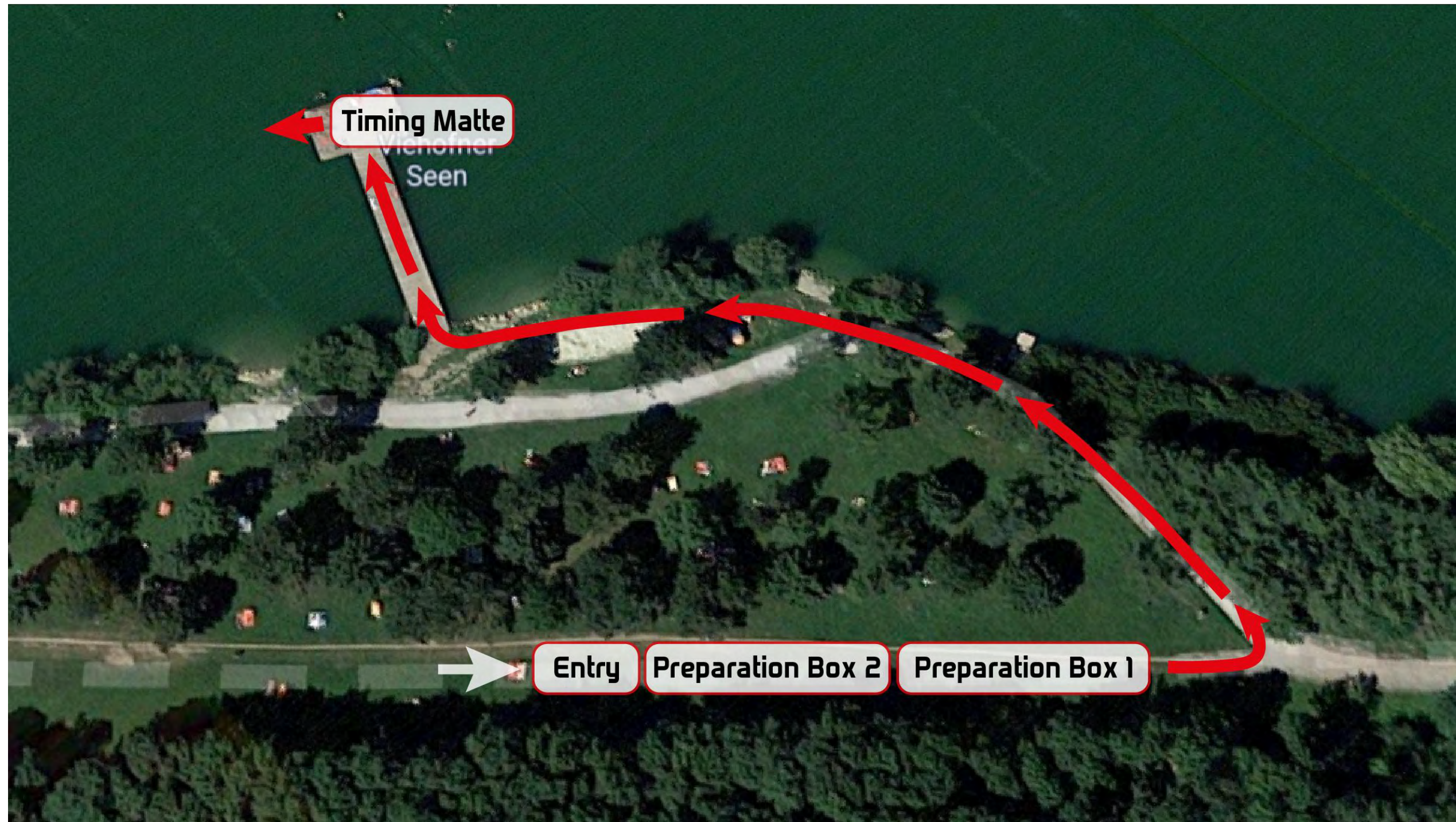
- do not forget your timing chip in your accomodation
- access to transition area 5:45 - 07:00 ONLY
- bike service is on site during this time
- don't put the trackpump into any bag - wheel pump depot at transition (please write your BiB onto your wheel pump)
- After-race dropoff (green bag) @Viehofener See (Swim Start)
- **warmup swim ends at 06:45**
- **Cross the timing mat at the swim start to register your chip**
- register your timing chip when you enter into the water
- spare timing chips available @start area
- latest entrance to pre start box at 7:45



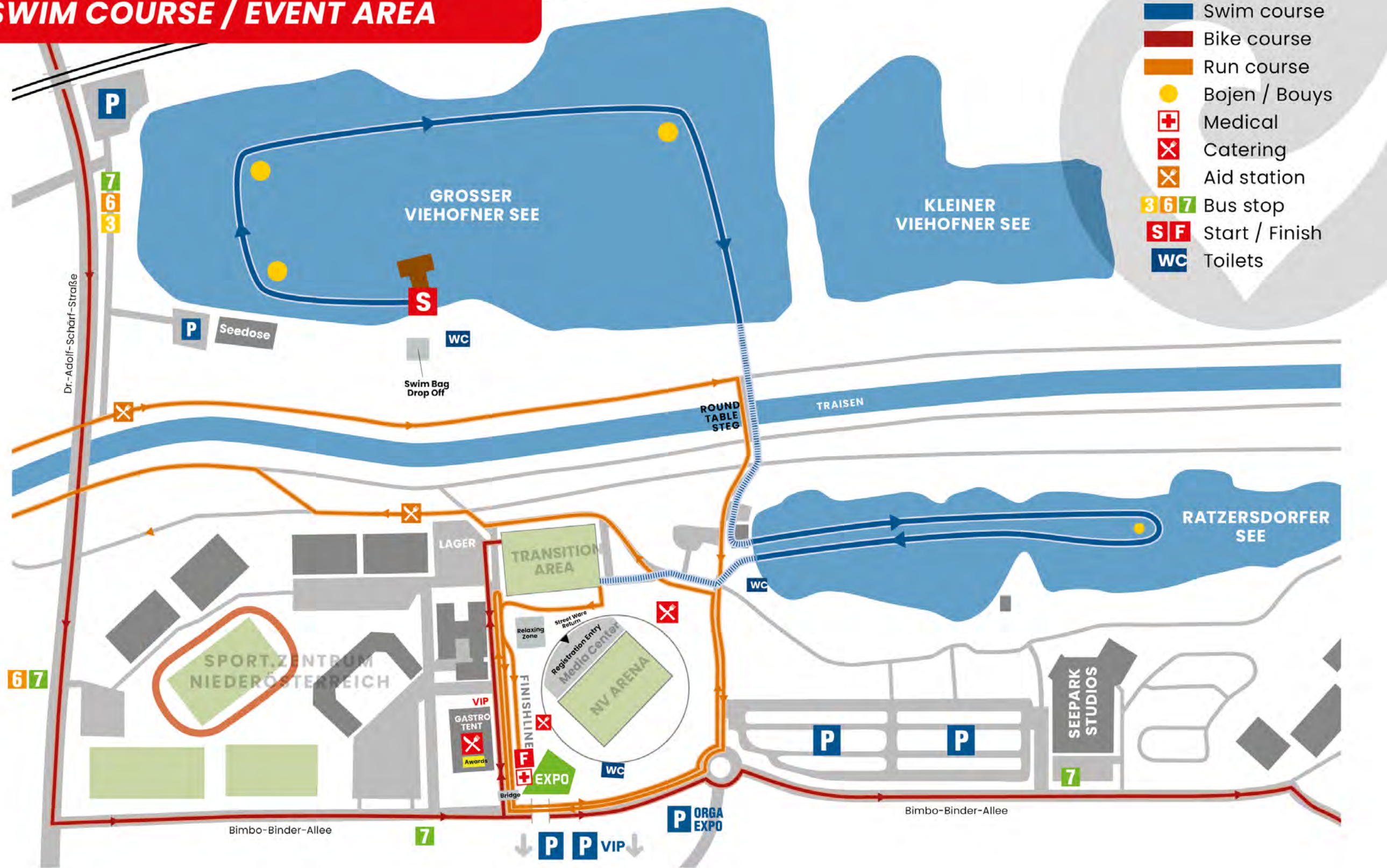
CHALLENGE St. Pölten
SWIM COURSE / EVENT AREA



the way to start:
follow the red route to the swim start



CHALLENGE St. Pölten SWIM COURSE / EVENT AREA



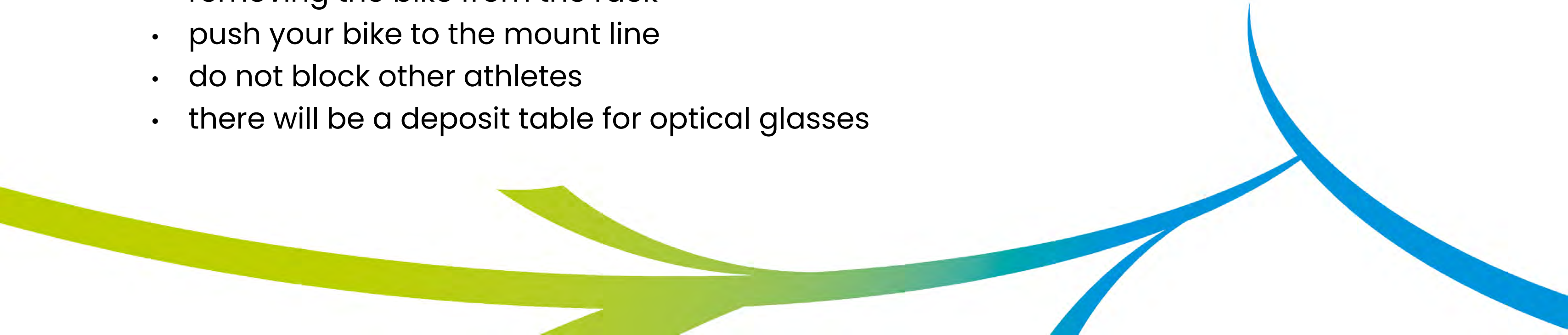
- Swim course
- Bike course
- Run course
- Bojen / Bouys
- + Medical
- X Catering
- X Aid station
- 3 6 7 Bus stop
- S F Start / Finish
- WC Toilets

swim rules – cut off == 1:10

- clockwise swim – buoys on your right shoulder
- Finish channel (swim exit) marked with two lines
- When Neopren should be forbidden – no BIB allowed during swim
- no socks – but calve guards allowed
- must wear event swim cap (you cannot change the colour)
- after swim you may take your wetsuite off ONLY till your hips
- all changing must be done in the change tent
- no cutting the course short
- if you have to stop the race please bring timing chip to an official



transition swim-bike == cut off 1:15

- check if the timing chip is at your ankle
 - spare timing chips available @penalty tent bike start (transition exit)
 - grab your blue bag off the racks before the changing area
 - place all swim gear in your blue bag, close it tighten
 - as you leave the changing area - drop the blue bag at the drop zone
 - BIB at the back
 - Make sure the helmet fits snugly and the helmet strap is fastened before removing the bike from the rack
 - push your bike to the mount line
 - do not block other athletes
 - there will be a deposit table for optical glasses
- 

PENALTY

**1
-
100**

**901
-
1000**

**1701
-
1800**

Bike Racks Middle Distance

Bike Racks
RELAY
AQUABIKE
DUATHLON

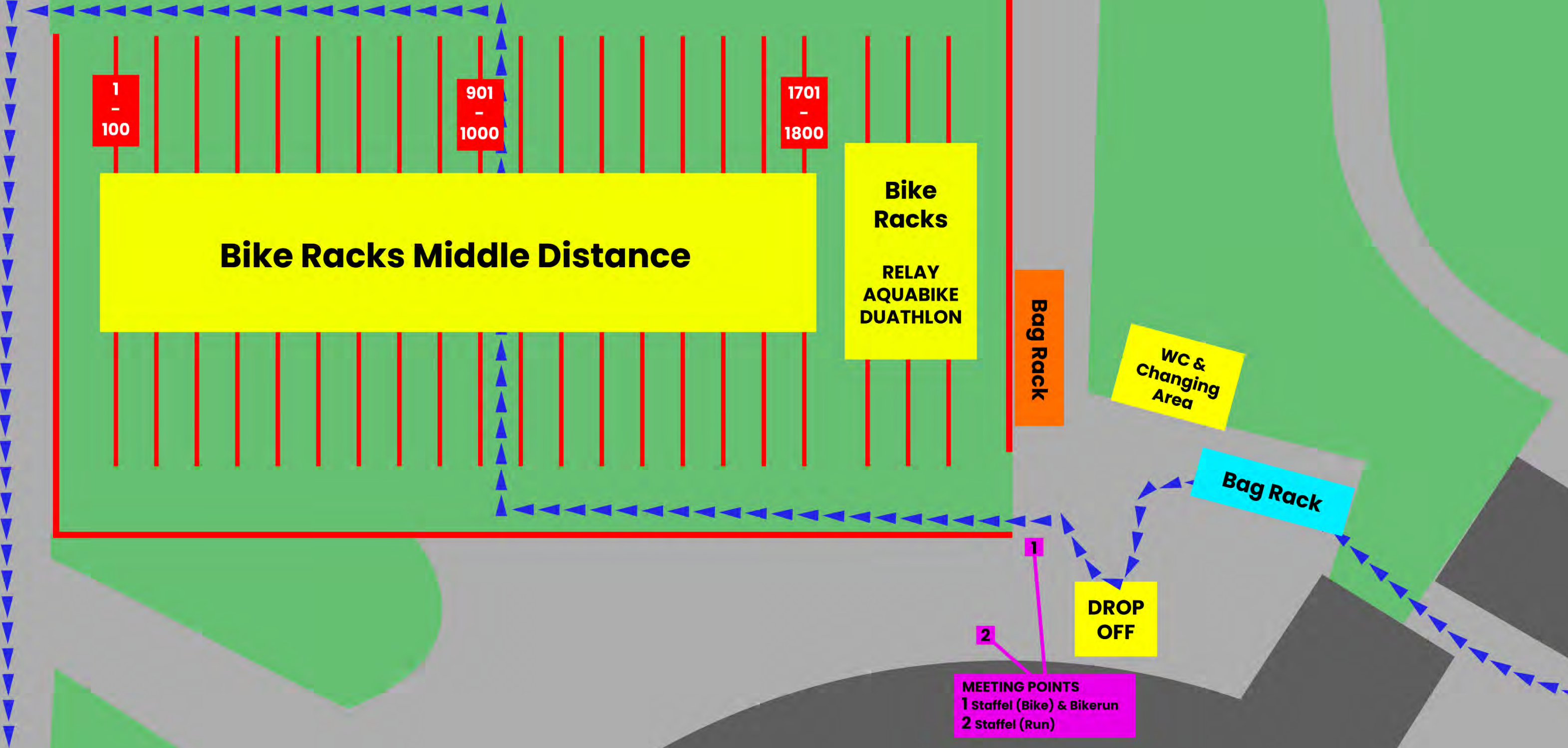
Bag Rack

**WC &
Changing
Area**

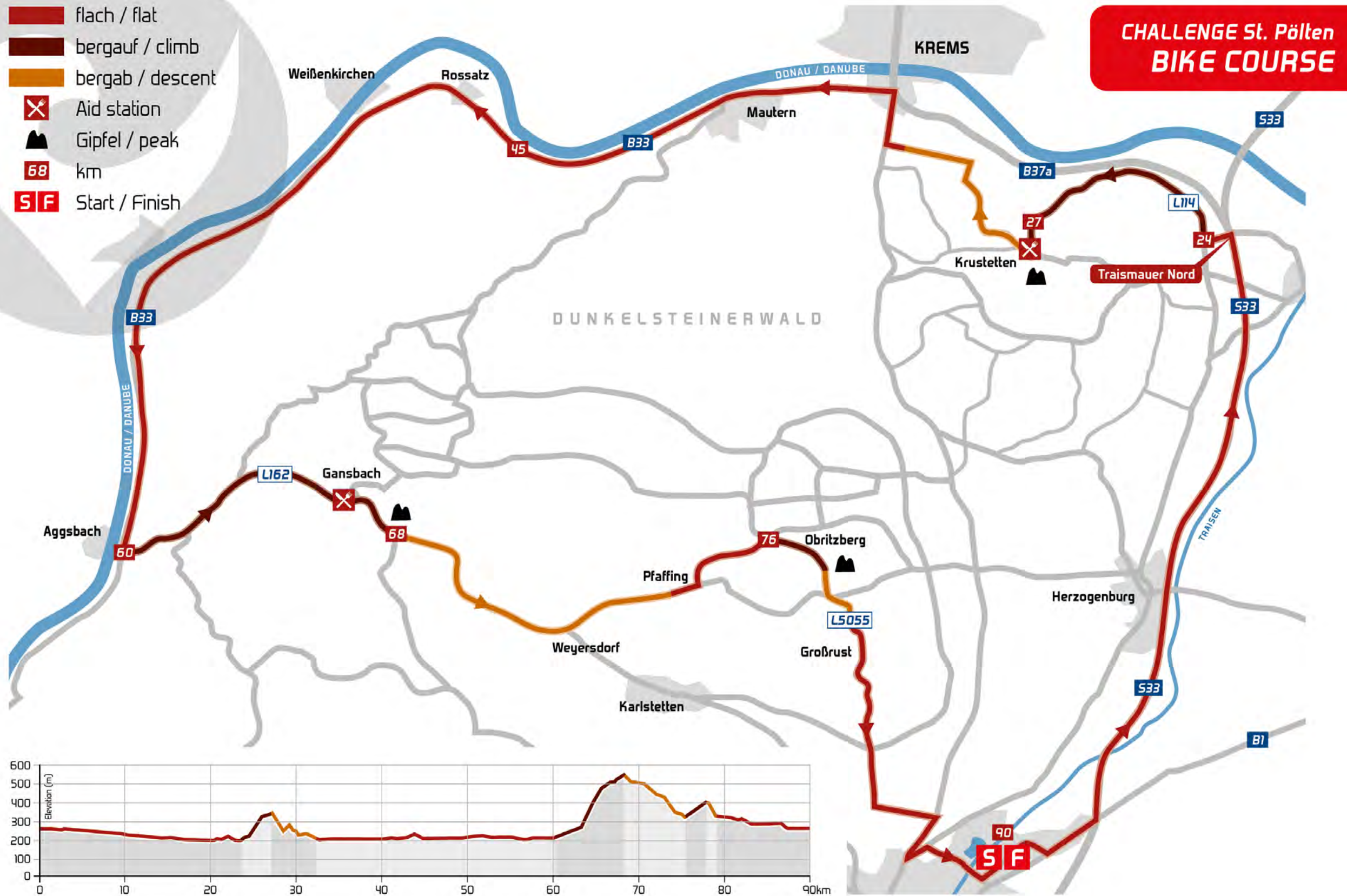
Bag Rack

**DROP
OFF**

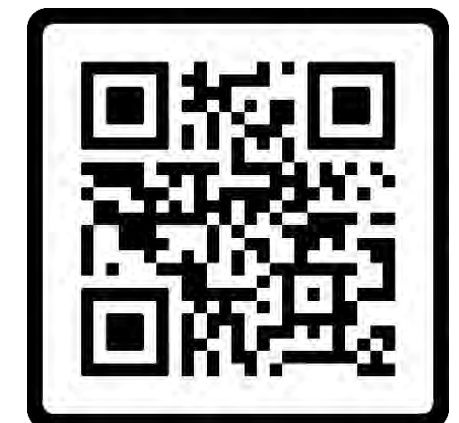
MEETING POINTS
1 Staffel (Bike) & Bikerun
2 Staffel (Run)



- flach / flat
- bergauf / climb
- bergab / descent
- X Aid station
- ▲ Gipfel / peak
- 68 km
- S F Start / Finish




<https://www.komoot.de/tour/360819693>



Komoot Bike Course

bike: cut off == 5:30

- don't get on your bike before the mount line
 - keep right, pass left
 - NO LITTERING except the aid stations – inside littering zone!
 - 2 aid stations: Krustetten (27k), Gansbach (68k)
 - all liquids are bottled and the bottles fit in your bike cage
 - 2 penalty tents, 1 after aid-station in Gansbach, 1 @entrance to transition
 - road is closed, but be aware of uncoming traffic (contra flow)
- 

rules:

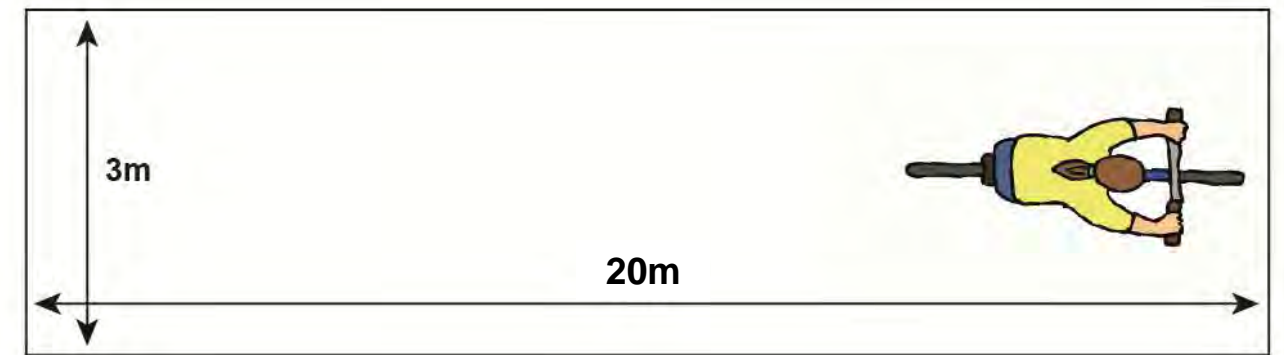
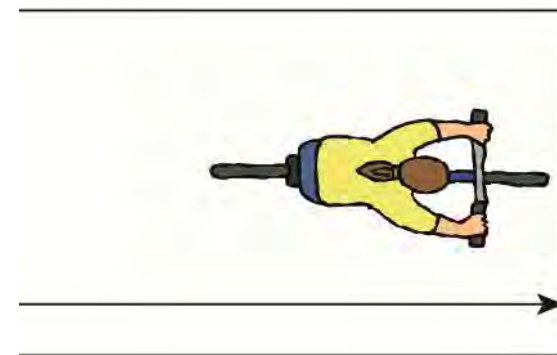
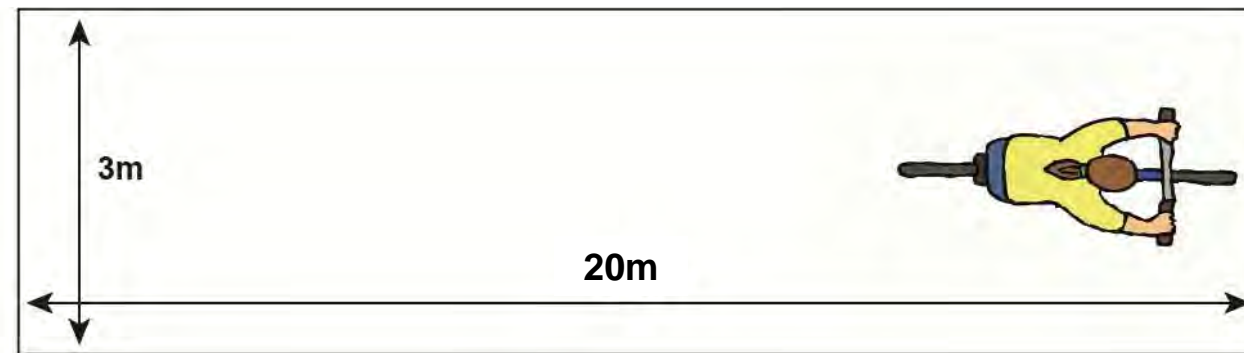
- no drafting
- **20m x 3m DRAFTING BOX**
- **45 sec. to overtake**
- no blocking
- no littering, no unsportsmen like behavior, no electronic devices, no coaching, no outside assistance
- you can be advised of the penalty AFTER the moment of contravention
- stay right
- Always leave your helmet on with the helmet strap closed

there will be 2 aid stations on the bike track



rules:

- **20m drafting from front wheel to front wheel**
- **max. 45 sec. for overtaking**
- It is every athletes own responsibility to enter the penalty box



45 Sekunden



bike positions:


allowed bike positions



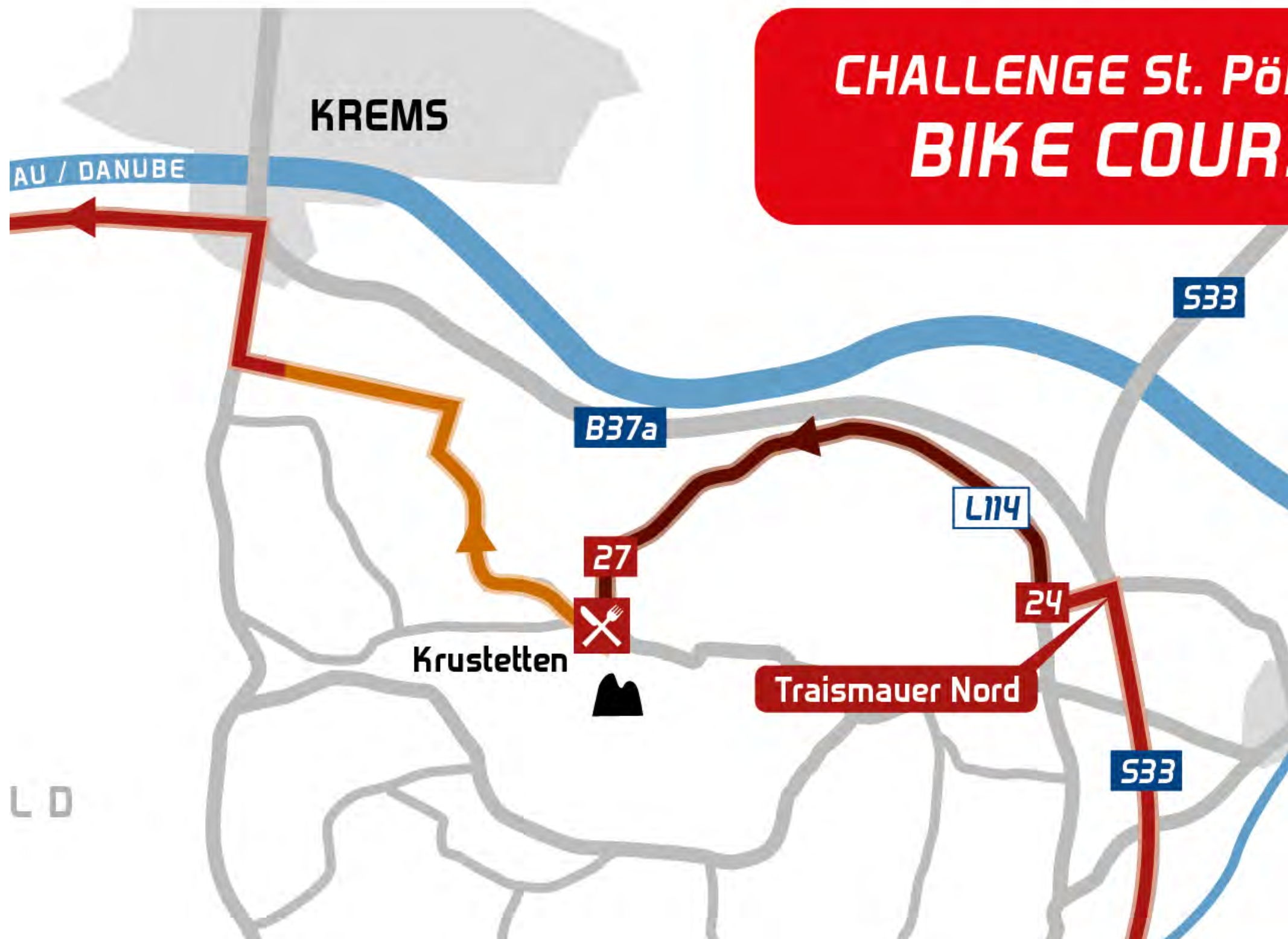
forbidden bike positions



penalty cards:

- ALWAYS stop at the NEXT penalty box (if not = DSQ)
 - Warning: A warning does NOT have to be issued before a penalty!
 - BLUE card = slipstreaming: 2 minute time penalty
 - YELLOW card = blocking: 30 seconds time penalty
 - RED card: Immediate disqualification (for serious rule violations)
 - Failure to serve a penalty results in automatic disqualification.
- 

CHALLENGE St. Pölten BIKE COURSE



Attention!
dangerous descent
-
watch the video:

<https://youtu.be/8faHU5z7wvw>



Abfahrt Radstrecke

transition bike – run

- dismount before the dismount line
- rack your bike at your position
- run to your blue run bags
- only unclip your helmet after you racked your bike
- only change clothes in the changing area
- put all your bike gear in your blue run bag
- deposit your red blue bag in the drop zone outside the changing area
- BIB at the front
- exit transition onto the run course

This means that nothing must remain in the transition area, except for the cycling shoes in the pedals (nothing on the floor!)



PENALTY

**1
-
100**

**901
-
1000**

**1701
-
1800**

Bike Racks Middle Distance

Bike Racks
RELAY
AQUABIKE
DUATHLON

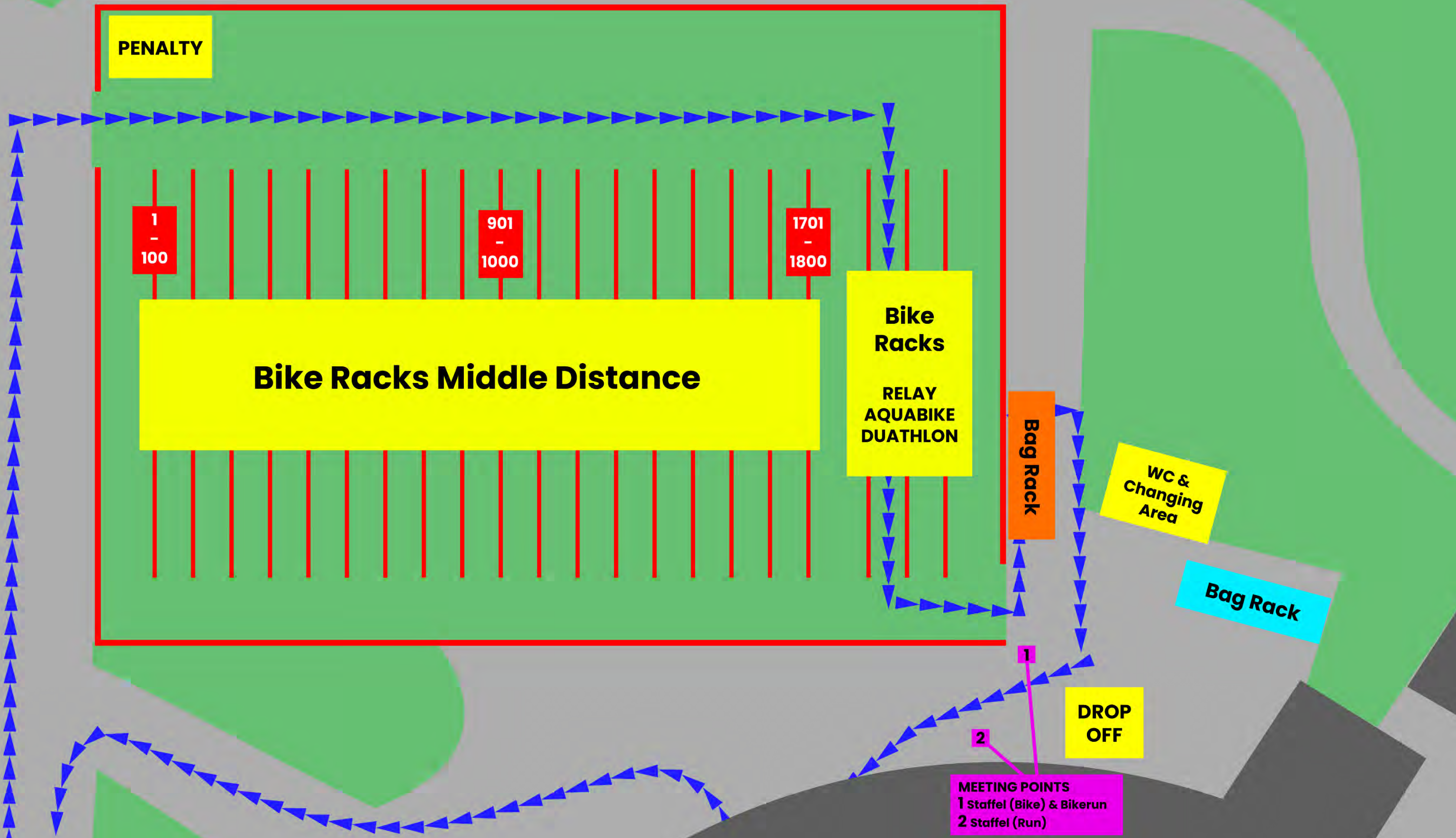
Bag Rack

**WC &
Changing
Area**

Bag Rack

**DROP
OFF**

MEETING POINTS
1 Staffel (Bike) & Bikerun
2 Staffel (Run)



<https://www.komoot.de/tour/367668209>



Komoot Run Course





red = bike course
orange = run course

run rules: cut off == 8:30

- NO littering
- NO pacing
- NO coaching
- NO outside assistance
- NO electronic devices
- NO cutting the course

When it's warm, there will be showers and/or sponges at the aid station

No penalty tent on the race course. 30-second stop-and-go penalties are imposed on the spot.

there will be aid stations every ~2.5 km.



TRISUIT REGELN – Auf der Strecke



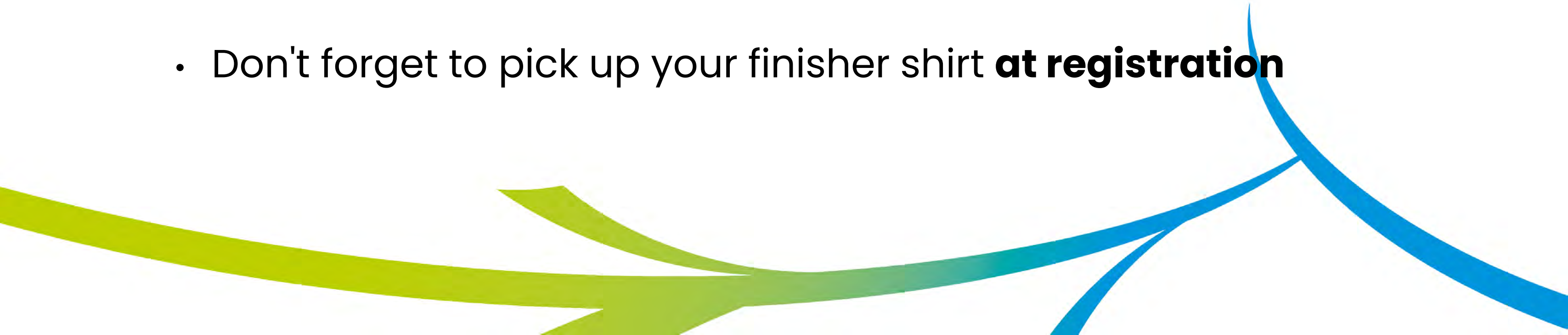
During the race, the trisuit may be unzipped at the front. Shoulders must always be covered, and the bottom of the suit must always remain zipped.

TRISUIT REGELN – Ziel



On the home stretch and at the finish line, a front-zip jersey must be completely zipped up, and the race number must be worn on the front

finish

- return the timing chip before you exit the finish area
 - receive your finisher medal at the exit of the finish areaexit finishline immediately
 - the relaxation zone is on the left after the finishline exit
 - medal engraving at the infopoint (EXPO)
 - Don't forget to pick up your finisher shirt **at registration**
- 

awards & slots

INCLUDING award ceremony of the national championships

- Award ceremony and slot allocation (public) inside of the gastro tent (~5pm)
- Flower ceremony after top 3 m/f ontop of Geberit Container (vip terrace)
- [online live timing available here](#)
- TOP 6 of all AGs please come to the award ceremony.
This is where the slot allocation for “The Championship” in Samorin takes place!!



after the race:

- Green after-race bag available behind the relaxing zone
- relaxingzone on the left side after finishline exit
- bike and run bags (red/blue) & bike check out after your finish from north side transition
- finisher shirts will be available at registration after the finish
- Awards at the festival tent
- [you can find your results here](#) – or check your QR-Code on BIB



Showers & Massage



Access to Shower & Massage available from approx. 10.30 am.

Massage on race day free of charge



bike check out

You must bring your BIB to pick up your bike



rules & information:

<https://challenge-stpoelten.com/>

During the Race applies the ÖTRV Sportordnung

Also observe the Road Traffic Regulations (STVO)

Last but not least

Every athlete **is obliged to be present at the race briefing** (questions can be asked to the TO). The digital Race Briefing serves only as a supplement or reference book.

**WE ARE LOOKING FORWARD TO YOUR PARTICIPATION
AT THE CHALLENGE ST. POLTEN!**





CHALLENGE ST. PÖLTEN

PRESENTED BY



SIDE-EVENTS AM RENNWOCHENENDE

29. MAI 2026

NÖ BAUHAUS FIRMEN- & FUNTRIATHLON

30. MAI 2026

JUNIOR CHALLENGE / KINDERTRIATHLON

31. MAI 2026

SPORTZENTRUM NIEDERÖSTERREICH

LIVE im **ORF**

OFFICIAL QUALIFYING
RACE FOR



st. pölten



SPAR

BAUHAUS



Powerbar



Egger