



CHALLENGE
ST. PÖLTEN

PRESENTED BY



23. – 25. Mai 2025

Sportzentrum Niederösterreich

HERZLICH WILLKOMMEN

competition jury:

- Chief TD: Bernhard Huszar
- Chief TO: Herwig Birchbauer

weatherforecast (may, 22nd) water temperature (may, 22nd)

- morning: 10° C
 - midday: 19° C
- partly cloudy

- 18° C
- wetsuit announcement may 25th

timetable – friday, may 23rd



Friday, 23rd May 2025 | NÖ BAUHAUS Company & Fun

10:00 – 18:30	EXPO / INFO Point
10:00 / 11:00	Press Conference PROS / Race Briefing PROS
10:00 – 18:00	Registration CHALLENGE St. Pölten
10:00 – 16:00	Registration NÖ BAUHAUS Company- & Funtriathlon
14:00 – 16:20	Bike Check-In NÖ BAUHAUS Company- & Funtriathlon
16:30	Race Briefing NÖ BAUHAUS Company- & Funtriathlon
16:45	START NÖ BAUHAUS Company- & Funtriathlon
18:30	Pasta Party & Challenge St. Pölten Opening Ceremony
18:30	Award Ceremony NÖ BAUHAUS Company- & Funtriathlon

timetable – saturday, may 24th



Saturday, 24th May 2025 | VOLKSBANK Junior Challenge

9:00 – 18:00	EXPO / INFO Point
9:00 – 15:00	Registration CHALLENGE St. Pölten
10:00 – 13:30	Registration Volksbank Junior Challenge
11:00 – 17:00	Bike Check-In CHALLENGE St. Pölten
11:30	Race Briefing CHALLENGE St. Pölten (DEUTSCH)
13:30	Race Briefing CHALLENGE St. Pölten (ENGLISCH)
14:00	START VOLKSBANK JUNIOR CHALLENGE
~16:00	Award Ceremony Volksbank Junior Challenge

timetable – sunday, may 25th



Sunday, 25th May 2025 | CHALLENGE ST. PÖLTEN

05:45 – 07:00	Transition open
07:00/07:20/07:30	START PRO WOMEN / START PRO MEN / START AGE GROUPS
by 7:45	All Bike-Run athletes have to be arrived at transition
09:00 – 17:00	EXPO / INFO Point
from 11:00	First Finisher
from 11:30	Street-Ware bag return
11:00 – 16:30	Relaxing Zone
until 16:30	Bike Check-Out Start: after last athlete is on run course – no liability after 16:30
ab ~17:00	Award Ceremony and slot allocation (top 6) – after last finisher

bike check-in:

saturday 11am-5pm (@transition – west entrance)



registration

- registration is located in the HYPO Lounge in the SKN stadium
- you need to know your BIB number (see start list on website)
- no bikes allowed in registration area

what you need to have with you

- valid photo ID
- austrian annual license (or. annual license of your organization)
- or 16€ for day license (cash and exact)

registration relay

- you need to know your BIB number (see start list on website)
- no bikes allowed in registration area

what you need to have with you

- valid photo ID
- 6€ for day license (cash and exact) – per team independently from annual license

Registration at the „HYPO Lounge“ of the NV Arena



wristband

- you must wear your athletes wristband all the time = entry to all areas with access controls (transition, pre-star area, relaxing zone).
- also during the race!!!

additional information

all bikes must be checked in on Saturday!

relays:

- Waiting-Area for bike and run in front of transition (see signs)
- one chip per relay team that is passed on
- relay biker is allowed to enter transition not before 7:30am (entrance north)

aquabike:

- start after last group of middle distance
- Timing ends at the dismount line (descent line after cycling) in front of the transition zone After the “finish line”:
- Bring the bike into the transition zone, change your shoes and run through the finish arch in the finish line

bike-run:

- there will be a Waiting-Area next to the tunnel of the stadium
- start: single start individually after TO gives a signal (starting at 8.00 am)
- entry to Pre-Start Area in transition on sunday between 7:20 and 7:45 (entrance north, left of track fences)
- timing starts after exit transition at mount line

bike check in



enter transition
area from the west
side

bike check in



1

put your bike race number on the seat-post



2

put the helmet number with the logo on the front of your helmet, the other 2 on the left and the right side of the helmet

3

put your bag stickers onto the 3 transition bags and bring the blue and orange bag to the bike check in

4

put on your helmet and close the helmet band

5

after the control by the TO, bring your bike to the position with your number.
The saddle must be hooked into the bike rack

6

put the red and blue bag on the hangers with your number

7

relay: only biker is allowed to check in transition area

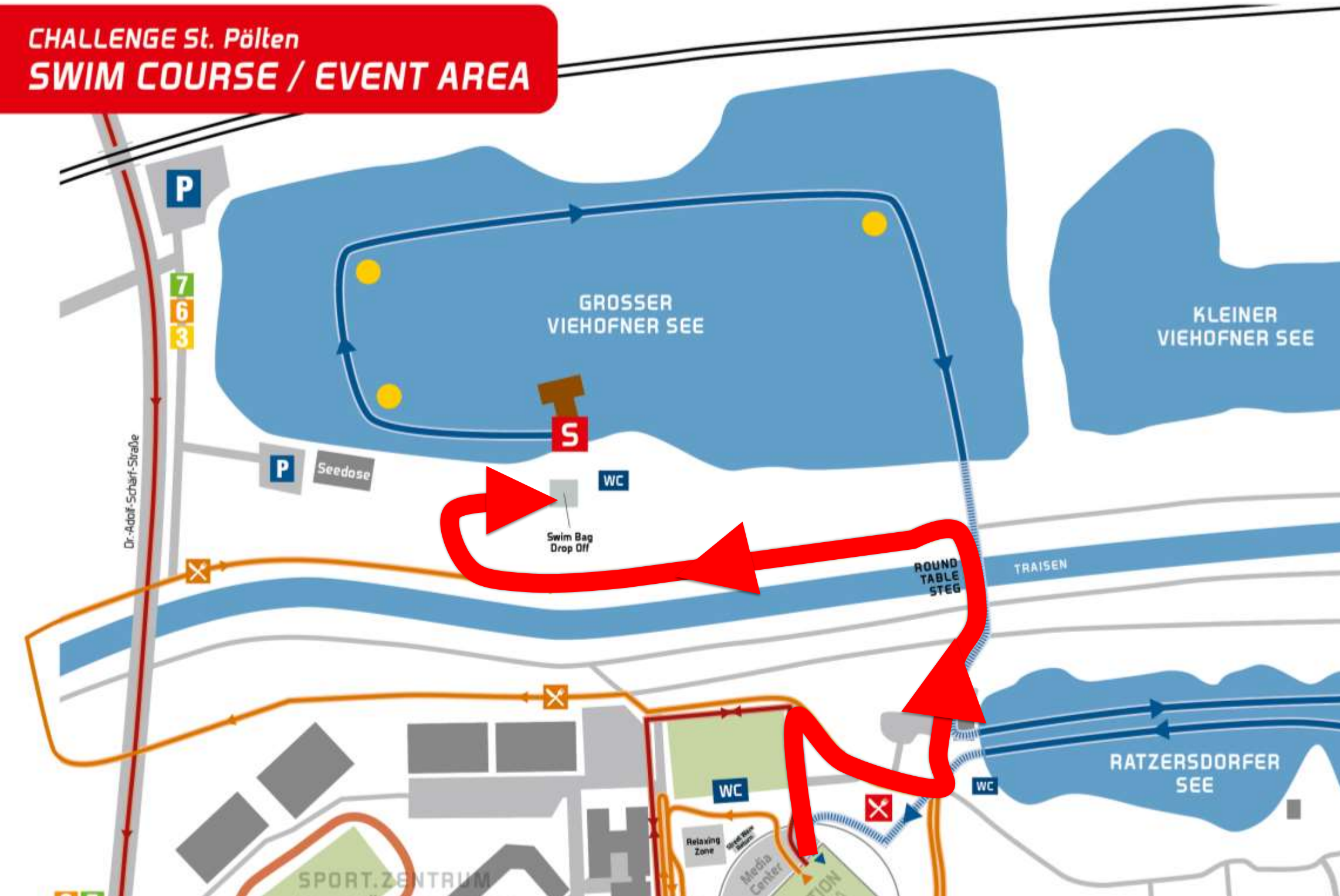
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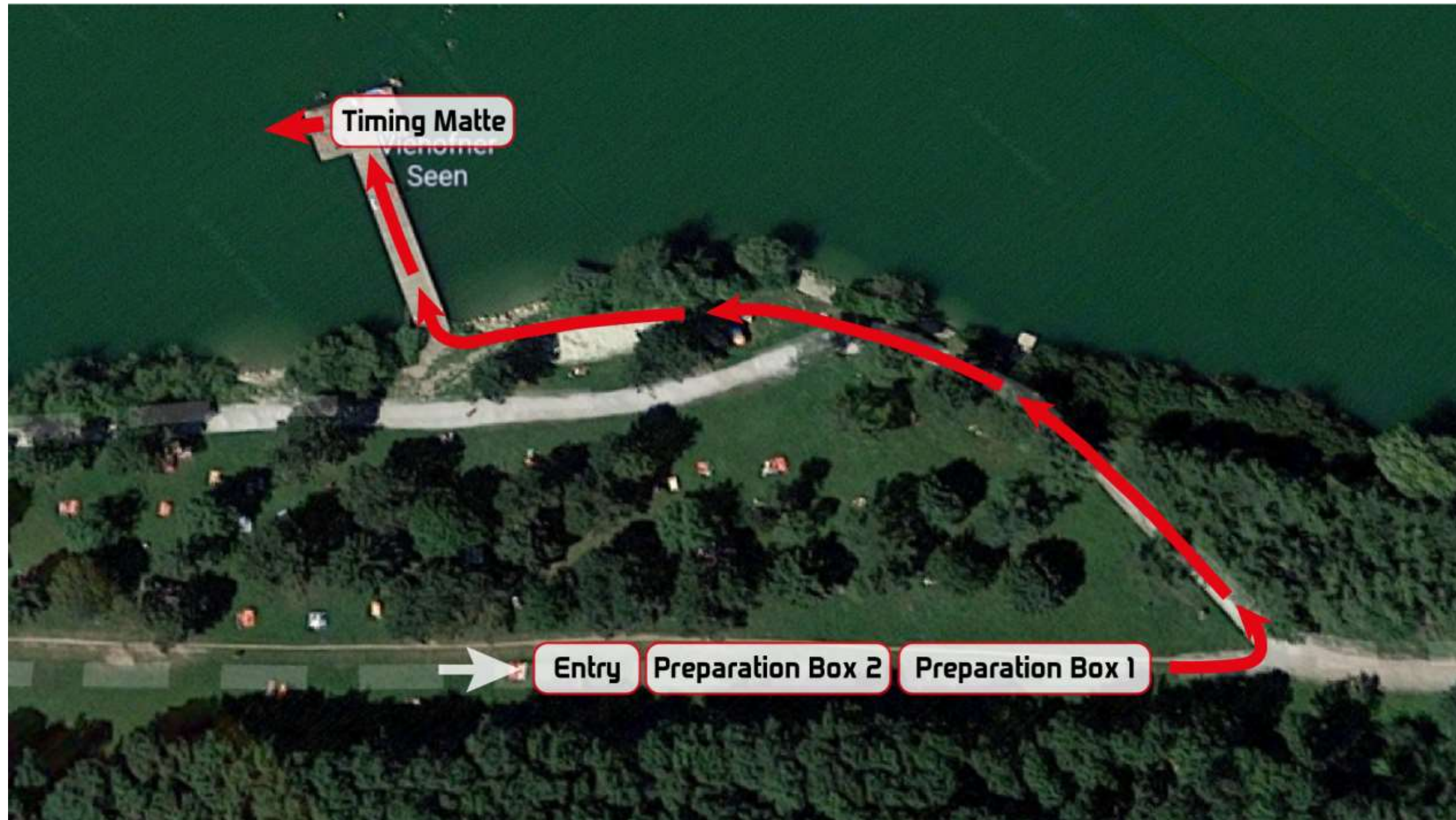
you must not: cover your bike, use wheel chain oil, add additional marks on transition bags or bikes

Before the Race Start:

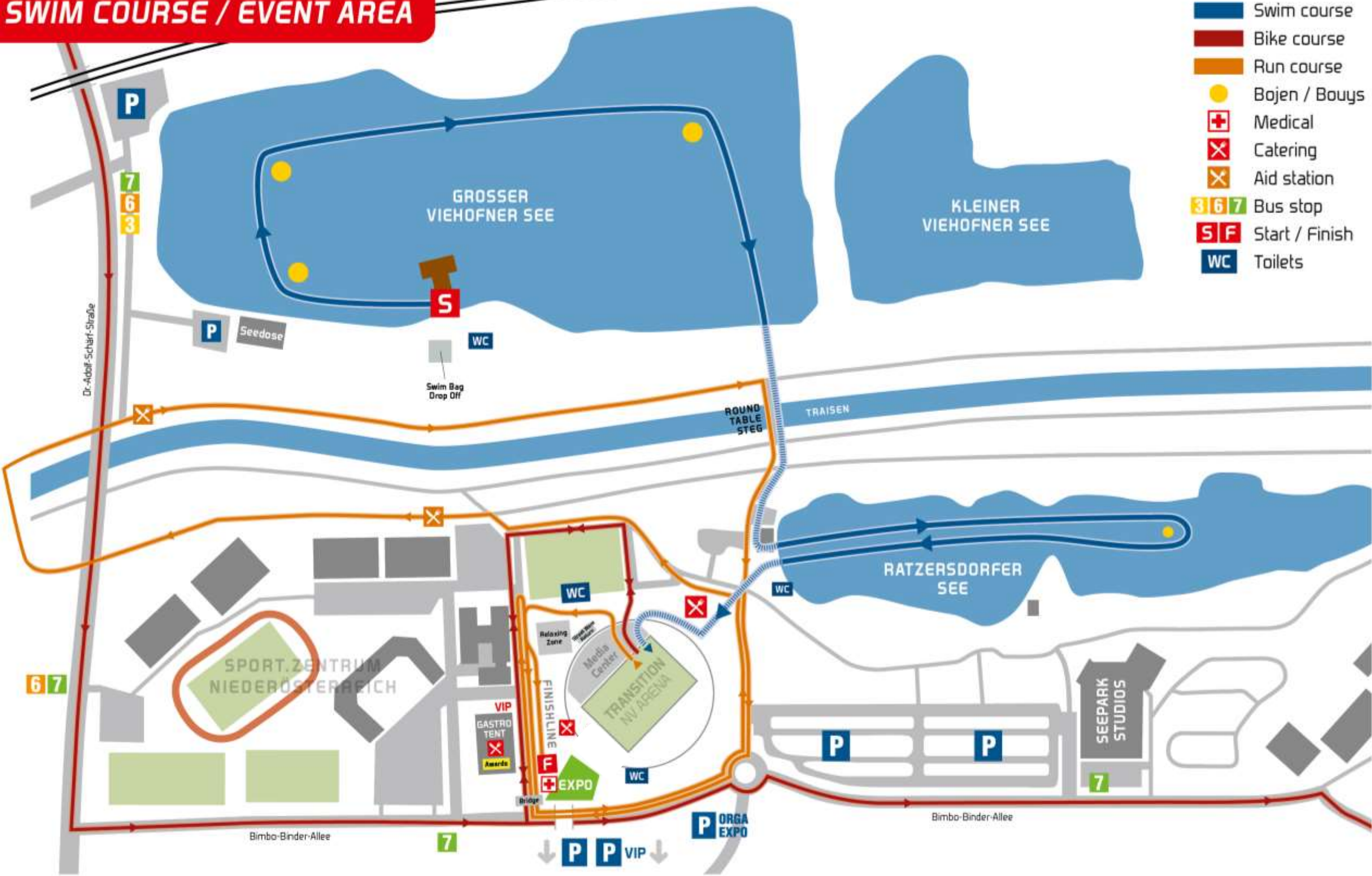
- do not forget your timing chip in your accomodation
- access to Transition-Area 5:45 – 07:00 ONLY
- bike service is on site during this time
- don't put the trackpump into any bag – wheel pump depot at transition (please write your BiB onto your wheel pump)
- **After-race dropoff (green bag)** @Viehofener See (Swim Start)
- **warmup swim ends at 06:45**
- **Cross the timing mat at the swim start to register your chip**
- register your timing chip when you enter into the water
- spare timing chips available @Start Area
- latest entrance to Pre-Start box at 7:45

**the way to
start:**
follow the red
route to the
swim start





CHALLENGE St. Pölten
SWIM COURSE / EVENT AREA



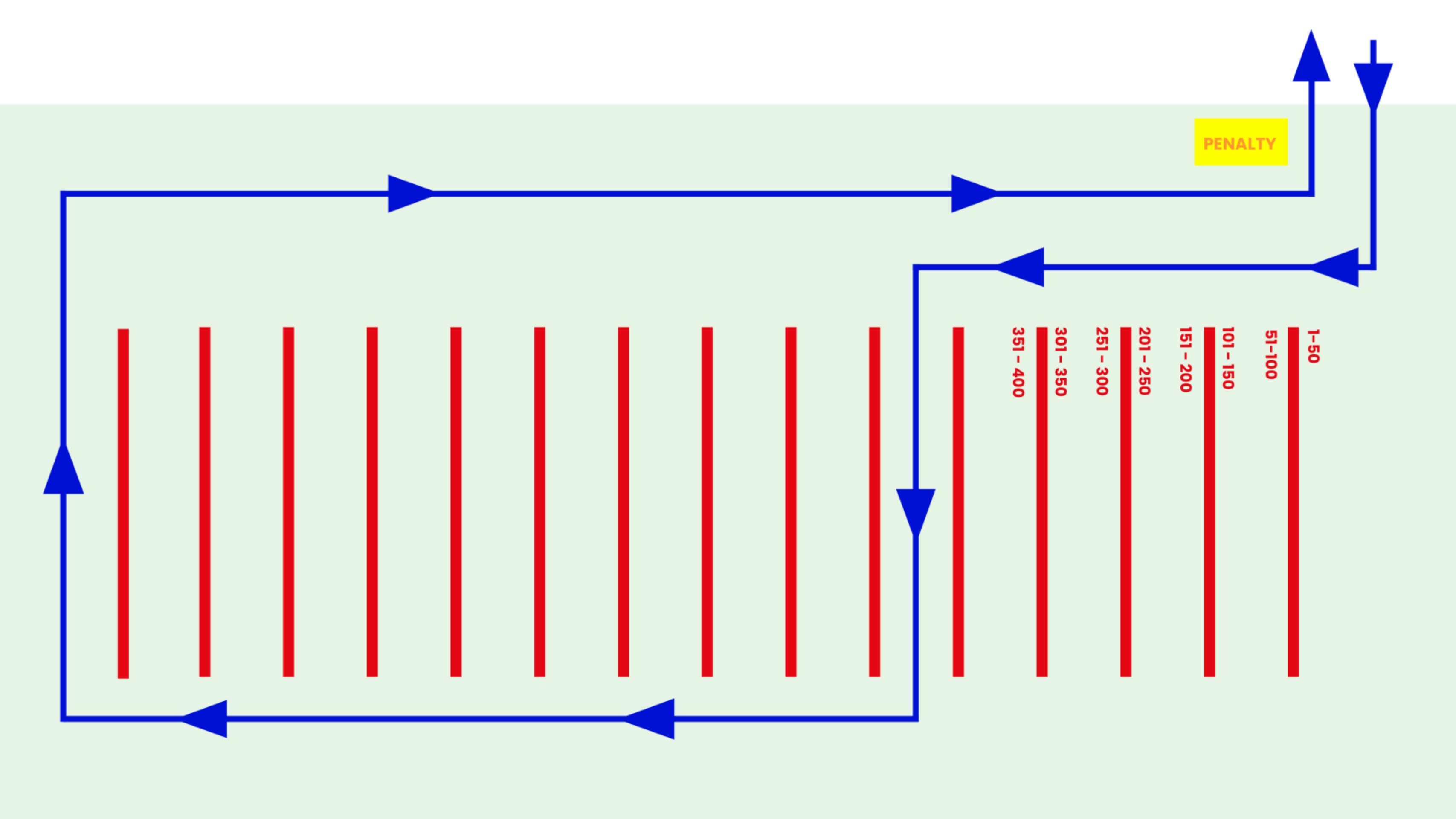
swim rules – cut off == 1:10

- clockwise swim – buoys on your right shoulder
- Finish channel (swim exit) marked with two lines
- If Neopren should be forbidden – no BIB allowed during swim
- no socks – but calve guards allowed
- must wear event swim cap (you cannot change the colour)
- after swim you may take your wetsuit off ONLY till your hips
- all changing must be done in the change tent
- no cutting the course short
- if you have to stop the race please bring timing chip to an official

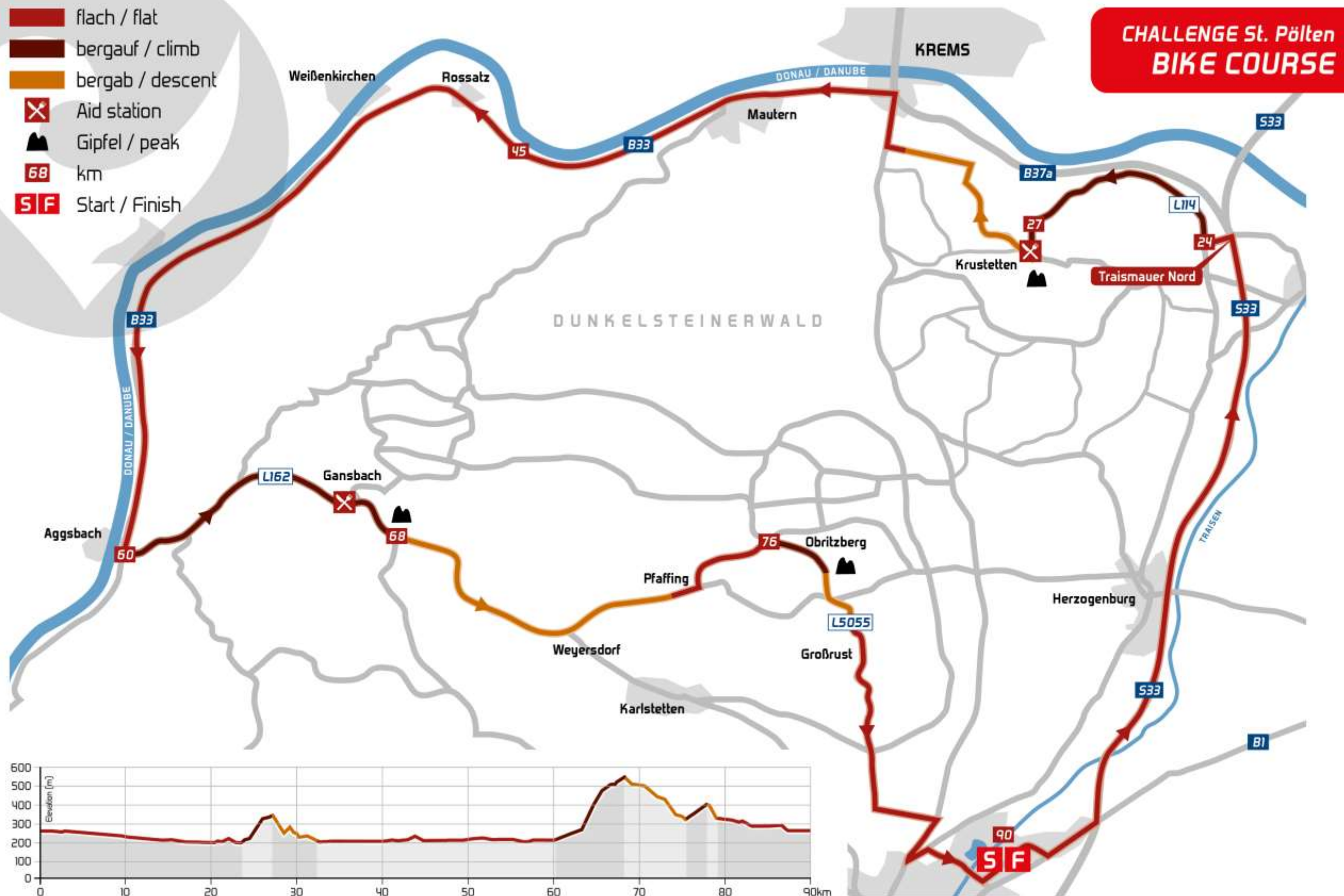


transition swim-bike == cut off 1:15

- check if the timing chip is at your ankle
- spare timing chips available @penalty tent bike start (transition exit)
- grab your **blue** bag off the racks before the changing area
- place all swim gear in your **blue** bag, close it tighten
- as you leave the changing area – drop the **blue** bag at the drop zone
- BIB at the back
- Make sure the helmet fits snugly and the helmet strap is fastened before removing the bike from the rack
- push your bike to the mount line
- do not block other athletes
- there will be a deposit table for optical glasses



- flach / flat
- bergauf / climb
- bergab / descent
- X Aid station
- ▲ Gipfel / peak
- 68 km
- S F Start / Finish



<https://www.komoot.de/tour/360819693>



Komoot Bike Course

bike: cut off == 5:30

- don't get on your bike before the mount line
- keep right, pass left
- NO LITTERING except the aid stations – inside littering zone!
- 2 aid stations: Krustetten (27k), Gansbach (68k)
- all liquids are bottled and the bottles fit in your bike cage
- 2 penalty tents, 1 after aid-station in Gansbach, 1 @entrance to transition
- road is closed, but be aware of uncoming traffic (contra flow)

rules:

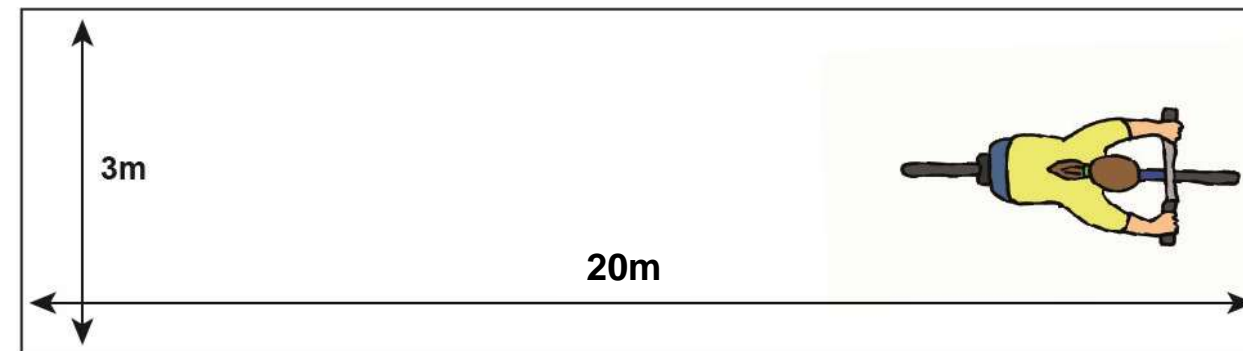
- no drafting
- **20m x 3m DRAFTING BOX**
- **45 sec. to overtake**
- no blocking
- no littering, no unsportsmen like behavior, no electronic devices, no coaching, no outside assistance
- you can be advised of the penalty AFTER the moment of contravention
- stay right
- Always leave your helmet on with the helmet strap closed

there will be 2 aid stations on the bike track

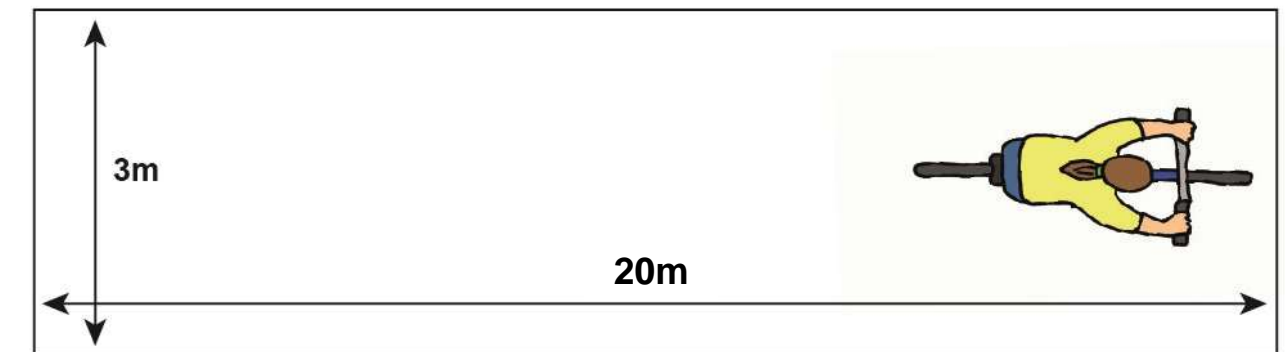
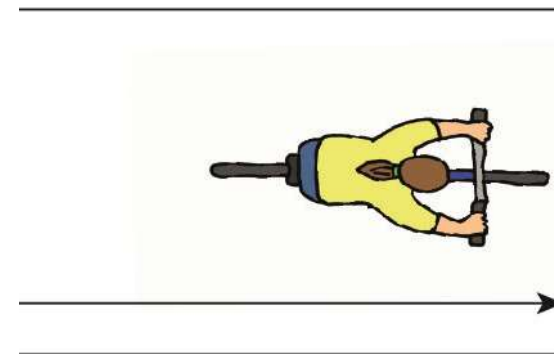


rules:

- **20m drafting from front wheel to front wheel**



- **max. 45 sec. for overtaking**



45 Sekunden

- It is every athletes own responsibility to enter the penalty box



bike positions:

allowed bike positions

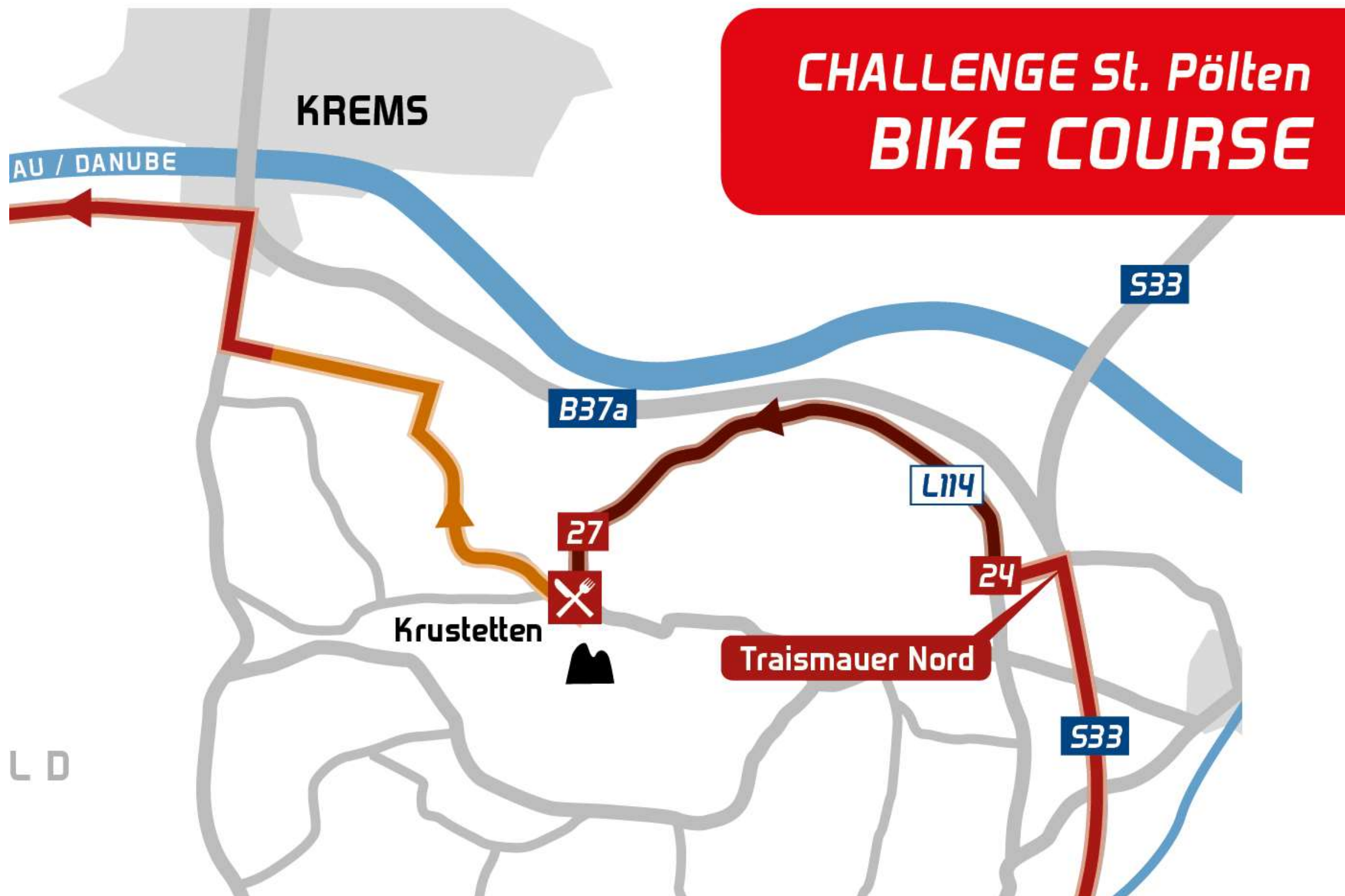


forbidden bike positions



penalty cards:

- ALWAYS stop at the NEXT penalty box (if not = DSQ)
- Warning: A warning does NOT have to be issued before a penalty!
- BLUE card = slipstreaming: 2 minute time penalty
- YELLOW card = blocking: 30 seconds time penalty
- RED card: Immediate disqualification (for serious rule violations)



Attention!
dangerous
descent
-
watch the video:

<https://youtu.be/8faHU5z7wvw>



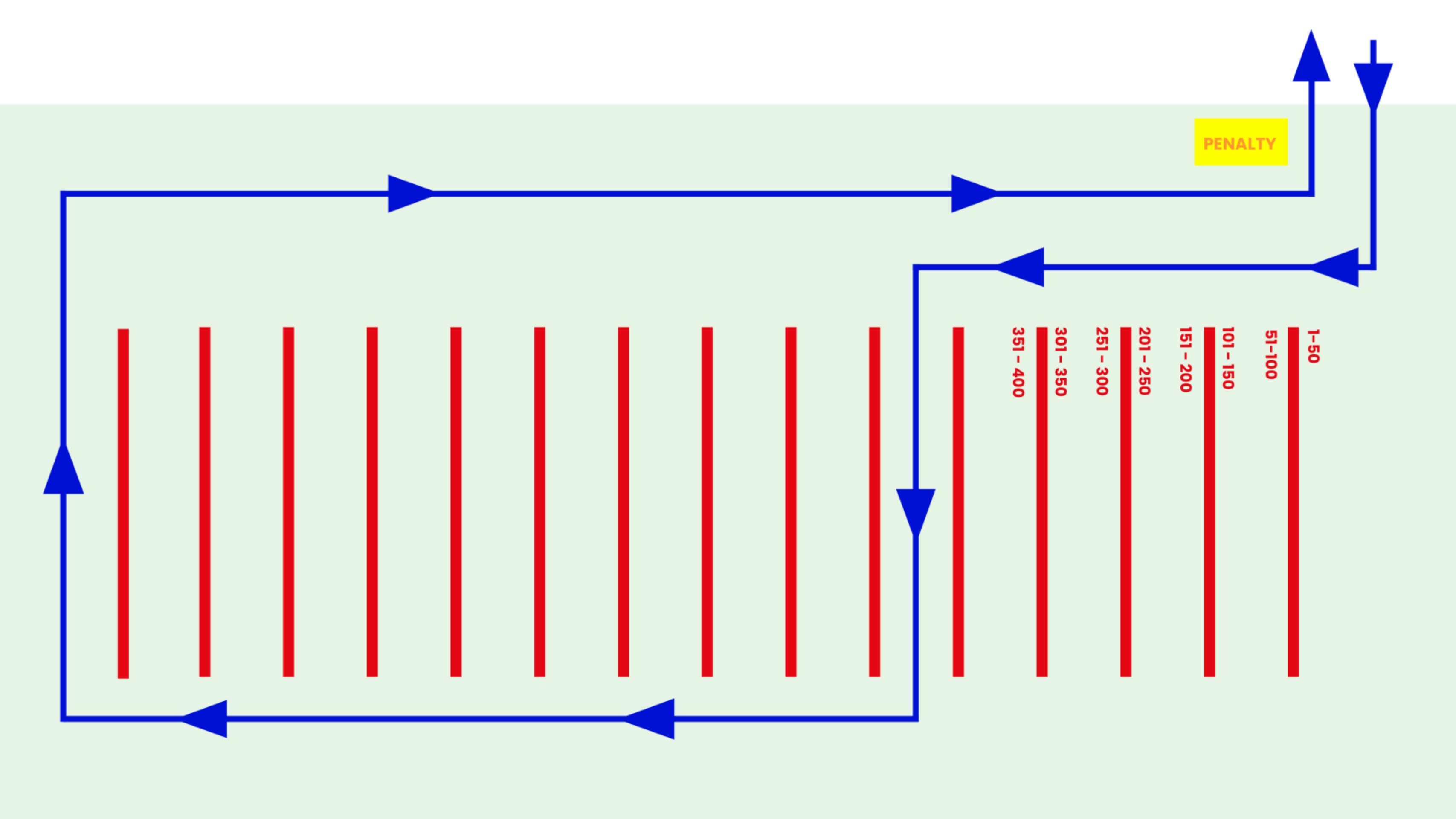
Abfahrt Radstrecke

transition bike – run



- dismount before the dismount line
- rack your bike at your position
- run to your blue run bags
- only unclip your helmet after you racked your bike
- only change clothes in the changing area
- put all your bike gear in your blue run bag
- deposit your red blue bag in the drop zone outside the changing area
- BIB at the front
- exit transition onto the run course

This means that nothing must remain in the transition area, except for the cycling shoes in the pedals (nothing on the floor!)



<https://www.komoot.de/tour/367668209>



Komoot Run Course



red = bike course
orange = run course

run rules: cut off == 8:30

- NO littering
- NO pacing
- NO coaching
- NO outside assistance
- NO electronic devices
- NO cutting the course

If it's warm, there will be showers and/or sponges at the aid station

there will be aid stations every ~2.5 km.

A decorative graphic at the bottom of the slide shows a running path. It consists of several overlapping, curved lines in shades of green and blue, suggesting a trail or road winding through a landscape.

finish

- return the timing chip before you exit the finish area
- receive your finisher medal **at the exit** of the finish areaexit finishline immediately
- the relaxation zone is on the left after the finishline exit
- medal engraving at the infopoint (EXPO)
- **Don't forget to pick up your finisher shirt**

awards & slots



INCLUDING award ceremony of the National Championships

- Award ceremony and slot allocation (public) inside of the gastro tent (~5pm)
- Flower ceremony after top 3 m/f ontop of Geberit Container (vip terrace)
- [online live timing available here](#)
- TOP 6 of all AGs please come to the award ceremony.
This is where the slot allocation for “The Championship” in Samorin takes place!!
- XBIONIC TRI-Suite for: fastest run split (m/f)
- ABUS helmets for: Fastest bike route for AGs (m/f)



after the race:

- Green after-race bag available behind the relaxing zone
- Relaxing Zone on the left side after finishline exit
- bike and run bags (red/blue) & bike check out after your finish from north side transition
- finisher shirts will be available after the finish – location not fixed yet ???
- awards at the expo podium at the stage
- [you can find your results here](#) – or check your QR-Code on BIB



Showers & Massage



Access to Shower & Massage available from approx. 10.30 am.

Massage **on race day free of charge**

On Saturday massage possible for 20€/15min.



bike check out

you have to
bring your BIB
to get your
bike

entry relay

Follow this route to
get to your relay
start (runners &
cyclists)



rules & information:

<https://challenge-stpoelten.com/>

During the Race applies the ÖTRV Sportordnung

Also observe the Road Traffic Regulations (STVO)

Last but not least

Every athlete **is obliged to be present at the race briefing** (questions can be asked to the TO). The digital Race Briefing serves only as a supplement or reference book.

**WE ARE LOOKING FORWARD TO YOUR PARTICIPATION
AT THE CHALLENGE ST. POLTEN!**



CHALLENGE ST. PÖLTEN

