



CHALLENGE
ST. PÖLTEN
powered by
wearetriathlon!

SCHIRAK-LEHR

26. Mai
2024

OLYMPIA
ZENTRUM
NIEDERÖSTERREICH

Herzlich Willkommen!

competition jury:

- Chief TD: Fritz Schwarz
- Chief TO: Bernhard Huszar



weatherforecast (may, 21st)

- morning: 12° C
 - midday: 22° C
- partly cloudy

water temperature (may, 21st)

- 21,5° C
- wetsuit announcement may 26th

timetable – friday, may 24th



Friday, 24th May 2024 | Junior Challenge, Company & Fun

10:00 - 18:30	EXPO / INFO Point
10:00 / 11:00	Press Conference PROS / Race Briefing PROS
10:00 - 13:30	Registration Junior Challenge
10:00 - 18:00	Registration CHALLENGE St. Pölten
10:00 - 16:00	Registration NÖ BAUHAUS Company- & Funtriathlon
14:00 - 16:20	Bike Check-In NÖ BAUHAUS Company- & Funtriathlon
14:00	START JUNIOR CHALLENGE
~16:00	Awards Junior Challenge
16:30	Race Briefing NÖ BAUHAUS Company- & Funtriathlon
16:45	START NÖ BAUHAUS Company- & Funtriathlon
18:30	Challenge St. Pölten Opening Ceremony & Pasta Party
18:30	Awards NÖ BAUHAUS Company- & Funtriathlon

timetable – saturday, may 25th



Saturday, 25th May 2024

9:00 - 18:00	EXPO / INFO Point
9:00 - 15:00	Registration CHALLENGE St. Pölten
11:00 - 17:00	Bike Check-In CHALLENGE St. Pölten
11:30	Race Briefing CHALLENGE St. Pölten (DEUTSCH)
13:30	Race Briefing CHALLENGE St. Pölten (ENGLISCH)

timetable - sunday, may 26th

Sunday, 26th May 2024 | CHALLENGE ST. PÖLTEN

05:45 - 07:00	Transition open
07:00/07:20/07:30	START PRO WOMEN / START PRO MEN / START AGE GROUPS
by 7:45	All Bike-Run athletes have to be arrived at transition
09:00 - 17:00	EXPO / INFO Point
from 11:00	First Finisher
from 11:30	Street-Ware bag return
11:00 - 16:30	Relaxing Zone
until 16:30	Bike Check-Out Start: after last athlete is on run course - no liability after 16:30
ab ~17:00	Award Ceremony and slot allocation (top 6) - after last finisher

bike check-in:

saturday 11am-5pm (@transition – west entrance)



registration

- you need to know your BIB number (see start list on website)
- no bikes allowed in registration area

what you need to have with you

- valid photo ID
- austrian annual license (or. annual license of your organization)
- or 16€ for day license (cash and exact)

registration relay

- you need to know your BIB number (see start list on website)
- no bikes allowed in registration area

what you need to have with you

- valid photo ID
- **6€ for day license (cash and exact)** – per team independently from annual license

Registration at the „Fantreff“ of the NV Arena



1. prepare documents
2. entry at „Fantreff- follow the one-way system!
3. ÖTRV license control
4. registration
5. get your athletes gift
6. quick exit from the registration area



wristband

- you must wear your athletes wristband all the time = entry to all areas with access controls (transition, pre-star area, relaxing zone).
- also during the race!!!

additional information

all bikes must be checked in on Saturday!

relays:

- waiting area for bike and run in front of transition (see signs)
- one chip per relay team that is passed on
- relay biker is allowed to enter transition not before 7:30am (entrance north)

aquabike:

- start after last group of middle distance
- **Timing ends on the "Bimbo Binder Promenade" (level of the athletics hall)**
- **After the "finish line": Ride your bike into the transition area, change your shoes and run through the finish arch at the finish line**

bike-run:

- there will be a waiting area next to the tunnel of the stadium
- start: single start individually after TO gives a signal (starting at 7.45am)
- entry to pre start area in transition on sunday between 7:20 and 7:45 (entrance north, left of track fences)
- timing starts after exit transition at mount line



bike check in



enter transition area
from the west side

bike check in



1

put your bike race number on the seat-post



2

put the helmet number with the logo on the front of your helmet, the other 2 on the left and the right side of the helmet

3

put your bag stickers onto the 3 transition bags and bring the red and blue bag to the bike check in

4

put on your helmet and close the helmet band

5

after the control by the TO, bring your bike to the position with your number.
The saddle must be hooked into the bike rack

6

put the red and blue bag on the hangers with your number

7

relay: only biker is allowed to check in transition area

8

you must not: cover your bike, use wheel chain oil, add additional marks on transition bags or bikes

- pre race:

- do not forget your timing chip in your accomodation
- access to transition area 5:45 - 07:00 ONLY
- bike service is on site during this time
- **don't put the** trackpump into any bag - wheel pump depot at transition (please write your BiB onto your wheel pump)
- streetwear dropoff (green bag) @Viehofener See (Swim Start)
- warmup swim ends at 06:45
- Cross the timing mat at the swim start to register your chip
- register your timing chip when you enter into the water
- spare timing chips available @start area
- latest entrance to pre start box at 7:45



CHALLENGE St. Pölten
SWIM COURSE / EVENT AREA



the way to start:
follow the red route
to the swim start



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CHALLENGE St. Pölten
SWIM COURSE / EVENT AREA

- Swim course
- Bike course
- Run course
- Bojen / Bouys
- + Medical
- X Catering
- X Aid station
- 3 6 7 Bus stop
- S F Start / Finish
- WC Toilets



swim rules - cut off == 1:10

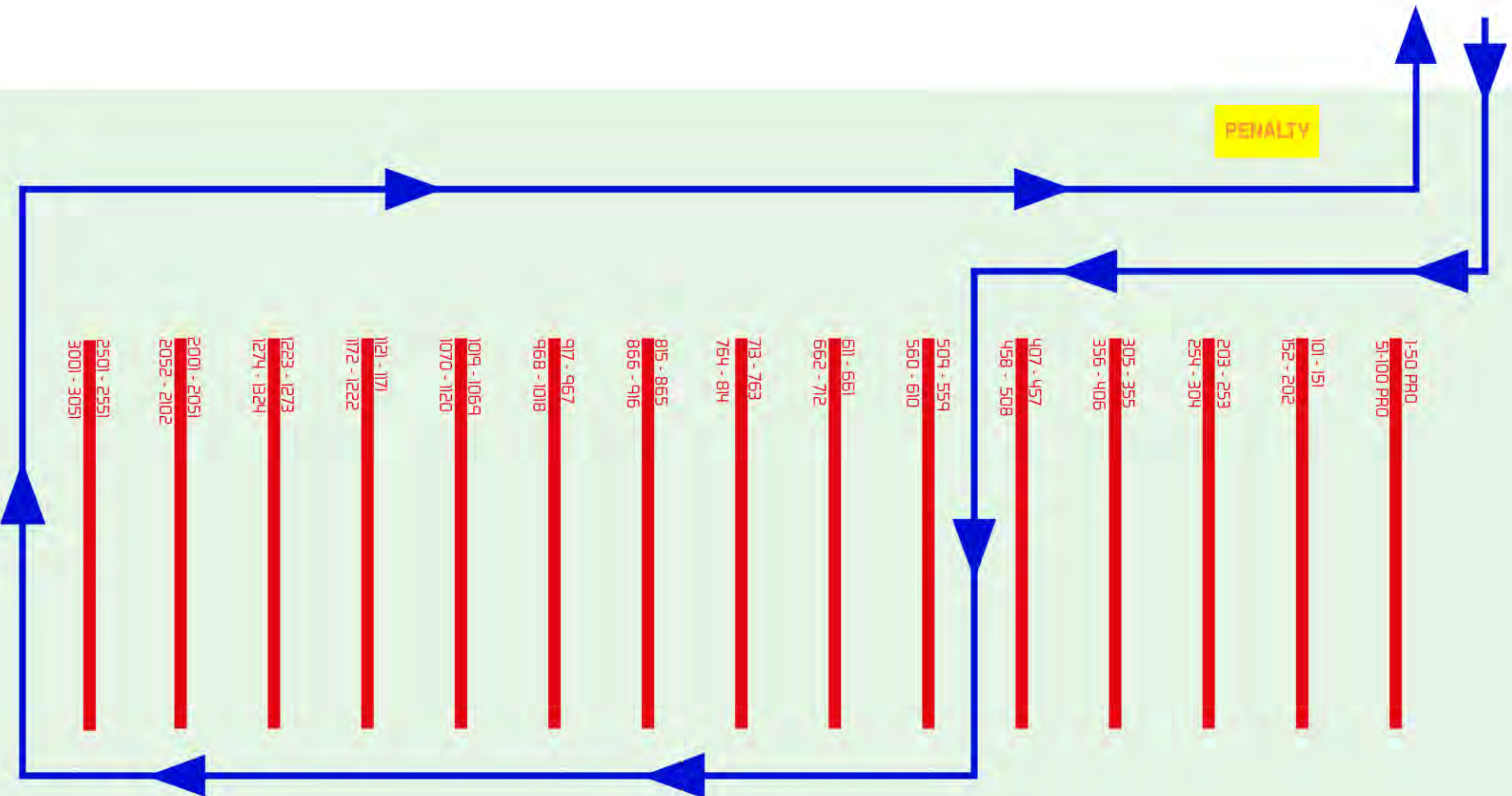
- clockwise swim - buoys on your right shoulder
- When Neopren should be forbidden - no BIB allowed during swim
- no socks - but calve guards allowed
- must wear event swim cap (you cannot change the colour)
- after swim you may take your wetsuite off ONLY till your hips
- all changing must be done in the change tent
- no cutting the course short
- if you have to stop the race please bring timing chip to an official



transition swim-bike == cut off 1:15



- check if the timing chip is at your ankle
- spare timing chips available @penalty tent bike start (transition exit)
- grab your red bag off the racks before the changing area
- place all swim gear in your red bike bag, close it tighten
- as you leave the changing area - drop the red bag at the drop zone
- BIB at the back
- Make sure the helmet fits snugly and the helmet strap is fastened before removing the bike from the rack
- push your bike to the mount line
- do not block other athletes
- there will be a deposit table for optical glasses



PENALTY

1-50 PRO

51-100 PRO

101 - 151

152 - 202

203 - 253

254 - 304

305 - 355

356 - 406

407 - 457

458 - 508

509 - 559

560 - 610

611 - 661

662 - 712

713 - 763

764 - 814

815 - 865

866 - 916

917 - 967

968 - 1018

1019 - 1069

1070 - 1120

1121 - 1171

1172 - 1222

1223 - 1273

1274 - 1324

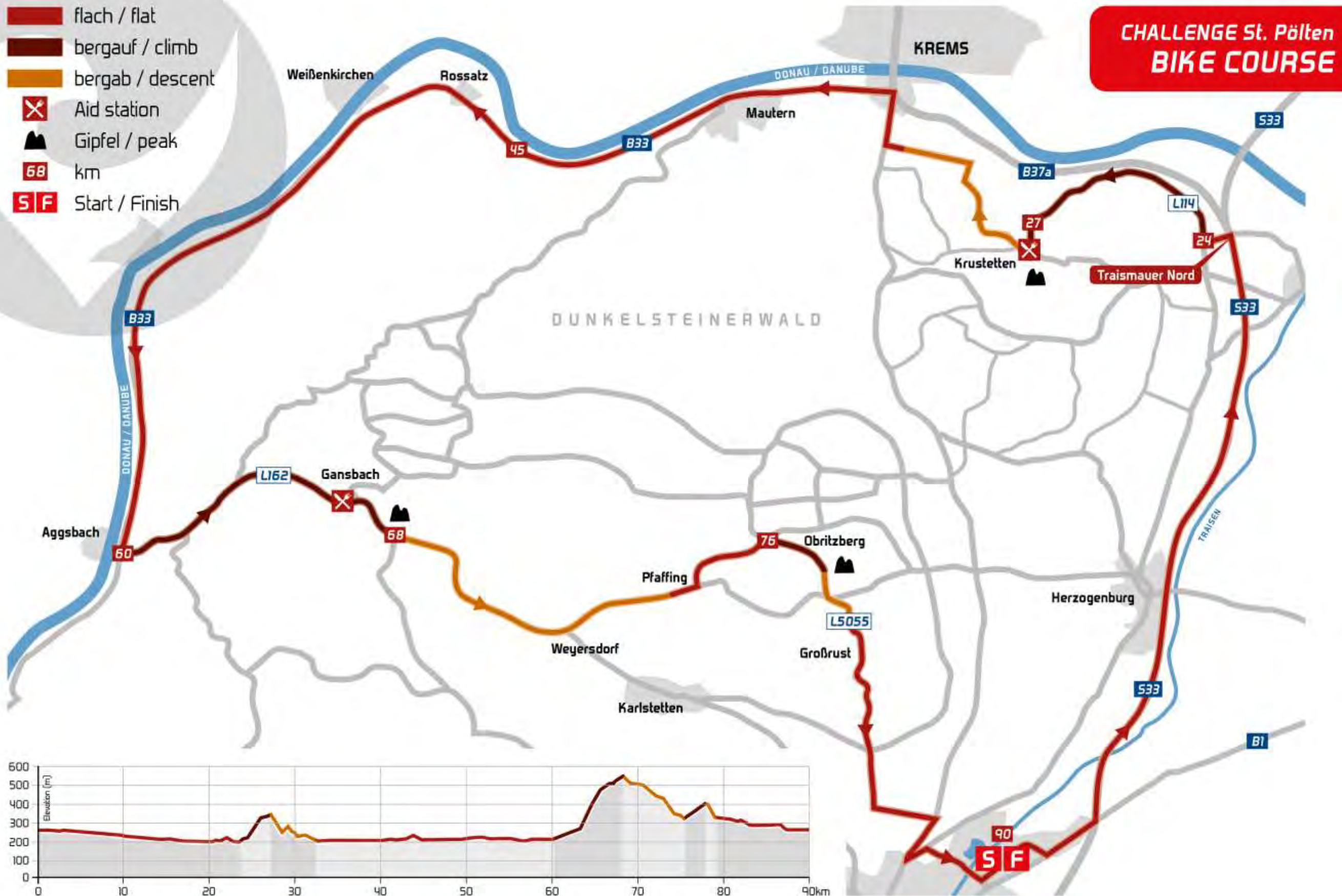
2001 - 2051

2052 - 2102

2501 - 2551

3001 - 3051

- flach / flat
- bergauf / climb
- bergab / descent
- X Aid station
- ▲ Gipfel / peak
- 68 km
- S F Start / Finish



<https://www.komoot.de/tour/360819693>

bike: cut off == 5:30



- don't get on your bike before the mount line
- keep right, pass left
- NO LITTERING except the aid stations – inside littering zone!
- 2 aid stations: Krustetten (27k), Gansbach (68k)
- all liquids are bottled and the bottles fit in your bike cage
- 2 penalty tents, 1 after aid-station in Gansbach, 1 @entrance to transition
- road is closed, but be aware of uncoming traffic (contra flow)

rules:

- no drafting
- 20m x 3m DRAFTING BOX
- 45 sec. to overtake
- no blocking
- no littering, no unsportsmen like behavior, no electronic devices, no coaching, no outside assistance
- you can be advised of the penalty AFTER the moment of contravention
- stay right
- Always leave your helmet on with the helmet strap closed

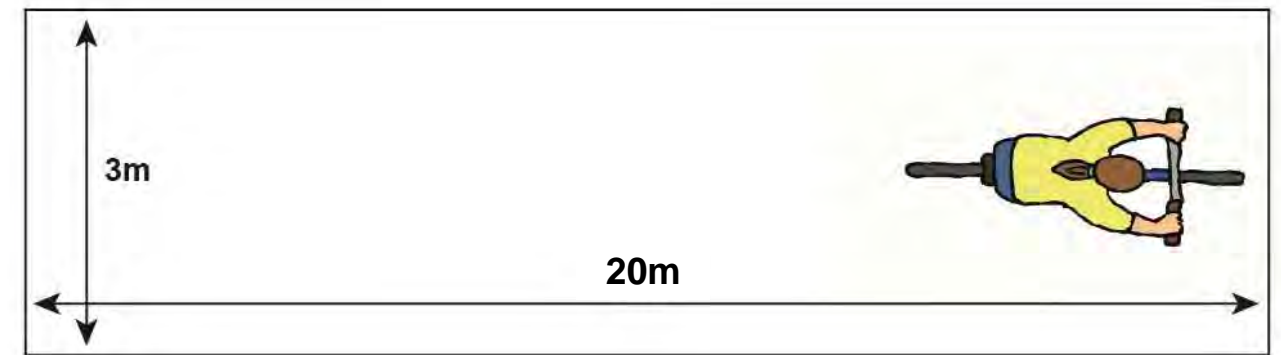
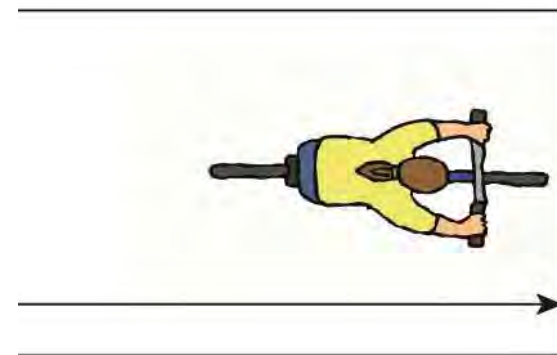
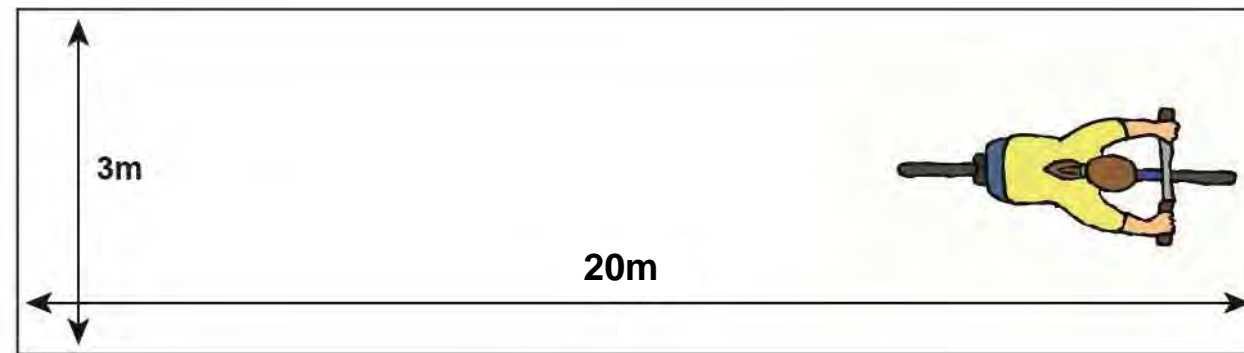
there will be 2 aid stations on the bike track



rules:



- 20m drafting from front wheel to front wheel
- max. 45 sec. for overtaking
- It is every athletes own responsibility to enter penalty box



45 Sekunden



bike positions:

allowed bike positions



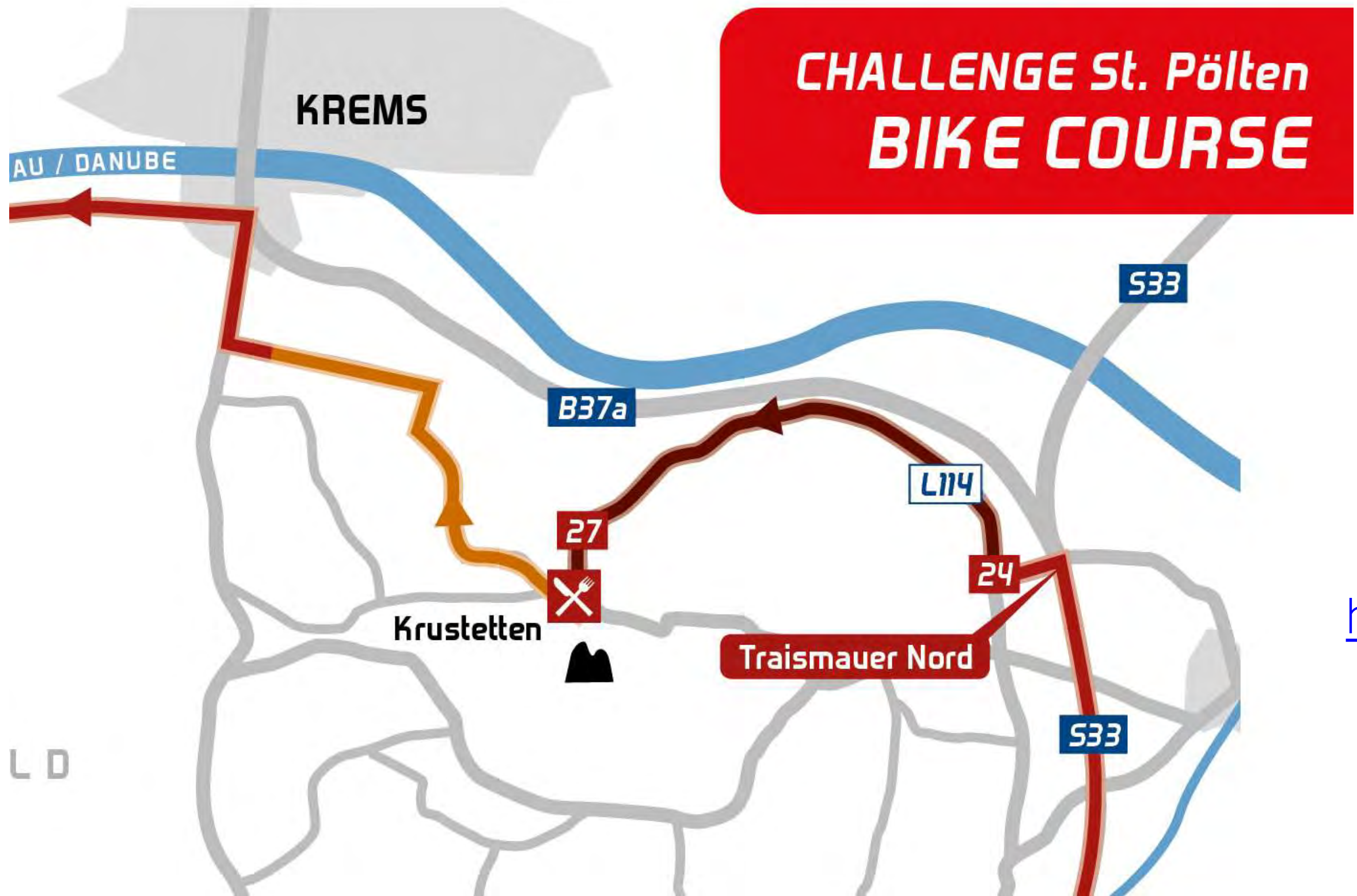
forbidden bike positions



penalty cards:



- ALWAYS stop at the NEXT penalty box (if not = DSQ)
- blue card: 5 minutes penalty @penalty box
- red card: immediately DSQ - but you can continue racing



Attention!
dangerous descent
-
watch the video:

<https://youtu.be/8faHU5z7www>

transition bike - run

- dismount before the dismount line
- rack your bike at your position
- run to your blue run bags
- only unclip your helmet after you racked your bike
- only change clothes in the changing area
- put all your bike gear in your blue run bag
- deposit your red blue bag in the drop zone outside the changing area
- BIB at the front
- exit transition onto the run course

This means that nothing must remain in the transition area, except for the cycling shoes in the pedals (nothing on the floor!)



<https://www.komoot.de/tour/367668209>



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*red = bike course
orange = run course*



run rules: cut off == 8:30

- NO littering
- NO pacing
- NO coaching
- NO outside assistance
- NO electronic devices
- NO cutting the course

When it's warm, there will be showers and/or sponges at the aid station

there will be aid stations every ~2.5 km.



finish



- return the timing chip before you exit the finish area
- get your finisher's medal at the exit of the finishline
- exit finishline immediately
- the relaxation zone is on the left after the finishline exit
- medal engraving at the infopoint (EXPO)

awards & slots

INCLUDING award ceremony of the national championships



- Award ceremony and slot allocation (public) inside of the gastro tent (~5pm)
- Flower ceremony after top 3 m/f on top of Geberit Container (vip terrace)

- [online live timing available here](#)

- TOP 6 of all AGs please come to the award ceremony.

This is where the slot allocation for "The Championship" in Samorin takes place!!



- XBIONIC TRI-Suite for: fastest run split (m/f)
- ABUS helmets for: Fastest bike route for AGs (m/f)

after the race:

- white bags available behind the relaxing zone
- relaxingzone on the left side after finishline exit
- bike and run bags (red/blue) & bike check out after your finish from north side transition
- Finisher shirts are available after the finish at the SKN-Fantreff (at the registration desk)
- awards at the expo podium at the stage
- [you can find your results here](#) - or check your QR-Code on BIB



Showers & Massage



Access to Shower & Massage available from approx. 10.30 am.

Massage on race day free of charge

On Saturday massage possible for 20€/15min.



bike check out
you have to bring
your BIB to get
your bike



rules & information:

<https://challenge-stpoelten.com/>

During the Race applies the ÖTRV Sportordnung

Also observe the Road Traffic Regulations
(STVO)

Last but not least

Every athlete is obliged to be present at the race briefing (questions can be asked to the TO). The digital Race Briefing serves only as a supplement or reference book.

WE ARE LOOKING FORWARD TO YOUR PARTICIPATION
AT THE CHALLENGE ST. PÖLTEN!



