



**30. MAI**  
**2021**

**OLYMPIA  
ZENTRUM  
NIEDERÖSTERREICH**



**Herzlich Willkommen!**

## competition jury:

- technical delegate: Jürgen Gleiss
- chief technical official: Werner Michalicka
- race director: Oliver Laaber



## weatherforecast (as of may 23rd)

- morning: 12° C
- midday: 18° C

## water temperature may 22nd

- 16,2° C
- wetsuit announcement may 29th



# timetable – friday, may 28th



Zeit	Aktivität	Ort
10:00 – 18:00	EXPO/ Infopoint	EXPO
11:00	press conference PROs	finish line
10:00 – 11:30	neopren test swimming	Ratzerdorfer See
10:00 – 18:00	registration Challenge	NV-Arena (entrance east = “ost”)

# timetable – saturday, may 29th



Zeit	Aktivität	Ort
09:00 – 11:00	neopren test swimming	Ratzersdorfer See
10:00 – 19:00	EXPO/ Info Point	EXPO
10:00 – 17:00	registration Challenge St. Pölten	NV Arena (entrance east = “ost”)
11:00 – 18:00	bike check-in Challenge St. Pölten	transition

# timetable – sunday, may 30th

Zeit1	Aktivität	Ort
04:30 – 06:15	transition open	transition
6:30   6:45	start PROs   start age group	Viehofner See
08:00 – 17:00	EXPO/ infopoint	EXPO
10:15	first finisher (expected)	
10:45	street-wear bag return	
10:45 – 15:45	relaxing zone	NV Arena
Ab ca. 11:45	bike check out	transition (entrance north - lakeside)
Ab ca. 11:30	award ceremony Challenge St. Pölten	stage EXPO



registration and test check

friday and saturday @enter NV Arena Sektor Ost

bike check-in:

saturday 11am-6pm (@transition - south entrance)



# registration

- please come to your booked time on friday or saturday
- you need to know your BIB number (see start list on website)
- no bikes allowed in registration area



## what you need to have with you

- wristband after corona test check (do your check 30min before registration slot)
- valid photo ID
- Tri Austria waiver
- Tri Austria pre-event questionnaire
- austrian annual license or 16€ for day license (cash and exact)
- FFP2 mask



# registration relay

- please come to your booked time on friday or saturday
- you need to know your BIB number (see start list on website)
- all 3 relay members need to do the test check, only 1 can pick up starter bag



## what you need to have with you

- wristband after corona test check (do your check 30min before registration slot)
- valid photo ID
- Tri Austria waiver – signed by all relay members
- Tri Austria pre-event questionnaire of all 3 relay members
- **6€ for day license (cash and exact)** – per team independently from annual license
- FFP2 mask



registration



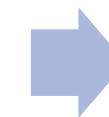
1 – covid test  
check at ticket  
container at the  
east (ost) entry of  
the stadium



go up stairs of the  
stadium



## 2 – registration



3 – go down the ramp and get out of the registration area

# wristband

- you and your registered accompanying person must wear the yellow "covid test OK" wristband from the time of your check until the end of the race when you leave the race venue.
- you will not have access to the event without it!
- athletes additionally must wear their athletes wrist band!
- also during the race!!!





# additional information



all bikes must be checked in on Saturday!

relays:

- each member gets an own chip, waiting area for bike and run in front of transition (see signs)
- relay handover: give a signal to your team member
- Relay biker is allowed to enter transition not before 7:05am (entrance north)

aquabike:

- start after last group of middle distance
- finish: bring bike to transition and run through the finish line – you must cross the finishline to get timed

bike-run:

- there will be a waiting area next to transition
- start: single start individually after TO gives a signal (starting at 7.30am)
- entry to pre start area in transition on sunday between 7:10 and 7:30 (entrance north, left of track fences)
- timing starts after exit transition at mount line

# bike check in



enter transition area  
from the south side



# bike check in

1

put your bike race number on the seat-post



2

put the helmet number with the logo on the front of your helmet, the other 2 on the left and the right side of the helmet



3

put your bag stickers onto the 3 transition bags and bring the red and blue bag to the bike check in

4

put on your helmet and close the helmet band

5

after the control by the TO, bring your bike to the position with your number

6

put the red and blue bag on the hangers with your number

7

relay: only biker is allowed to check in transition area

8

you must not: cover your bike, use wheel chain oil, add additional marks on transition bags or bikes

- pre race:

- do not forget your timing chip in your accomodation
- access to transition area 04:30 - 06:15 ONLY
- bike service is on site during this time
- **don't put the** trackpump into any bag
- streetwear dropoff (white bag) @Viehofener See (Swim Start)
- warmup swim ends at 06:15
- register your timing chip when you enter into the water
- spare timing chips available @start area
- latest entrance to pre start box at 7:30







the way to start:  
follow the red route  
to the swim start







## CHALLENGE St. Pölten

### SWIM COURSE / EVENT AREA





## swim rules - cut off == 1:10

- clockwise swim - buoys on your right shoulder
- BIB not allowed during swim
- no socks - but calve guards allowed
- must wear event swim cap (you cannot change the colour)
- after swim you may take your wetsuite off ONLY till your hips
- all changing must be done in the change tent
- no cutting the course short
- if you have to stop the race please bring timing chip to an official



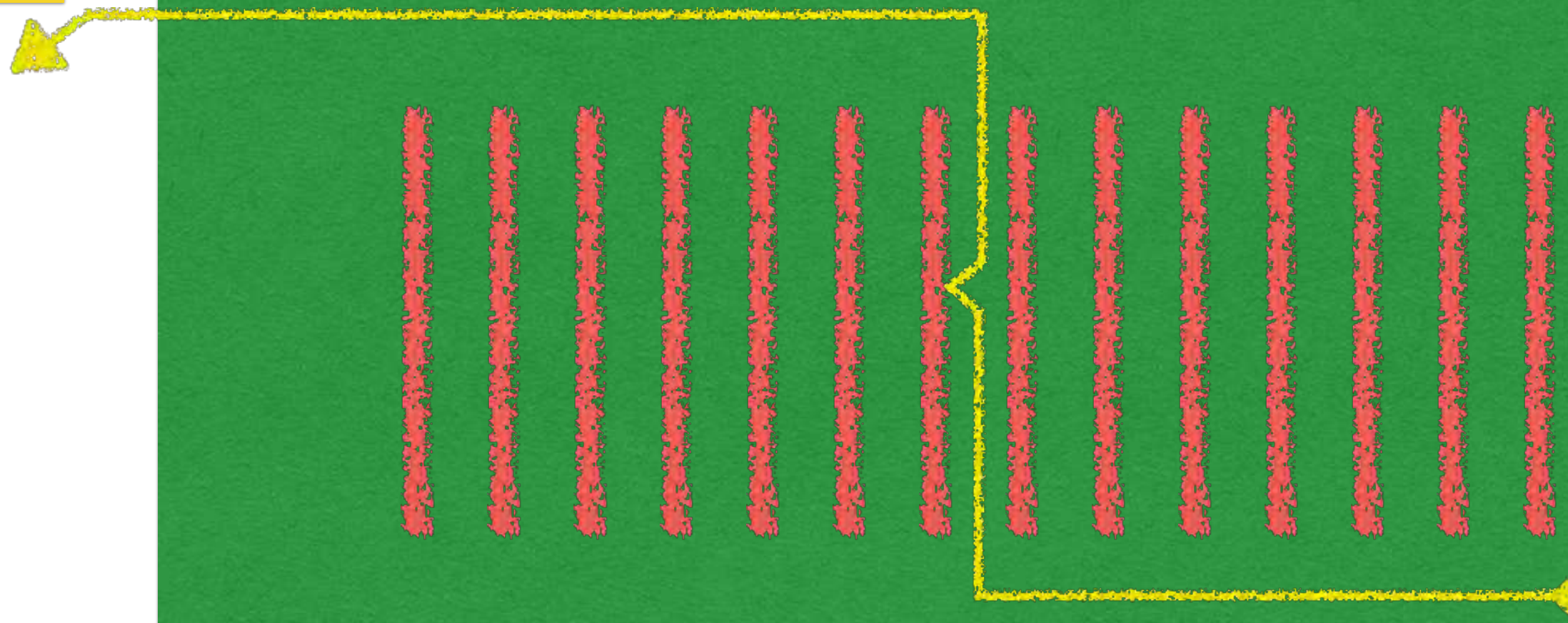
## transition swim-bike == cut off 1:15



- check if the timing chip is at your ankle
- spare timing chips available @penalty tent bike start (transition exit)
- grab your blue bag off the racks before the changing area
- place all swim gear in your blue bike bag, close it tighten
- as you leave the changing area - drop the blue bag at the drop zone
- BIB at the back
- make sure your helmet is firmly fastened before unracking your bike
- push your bike to the mount line
- do not block other athletes
- there will be a deposit table for optical glasses

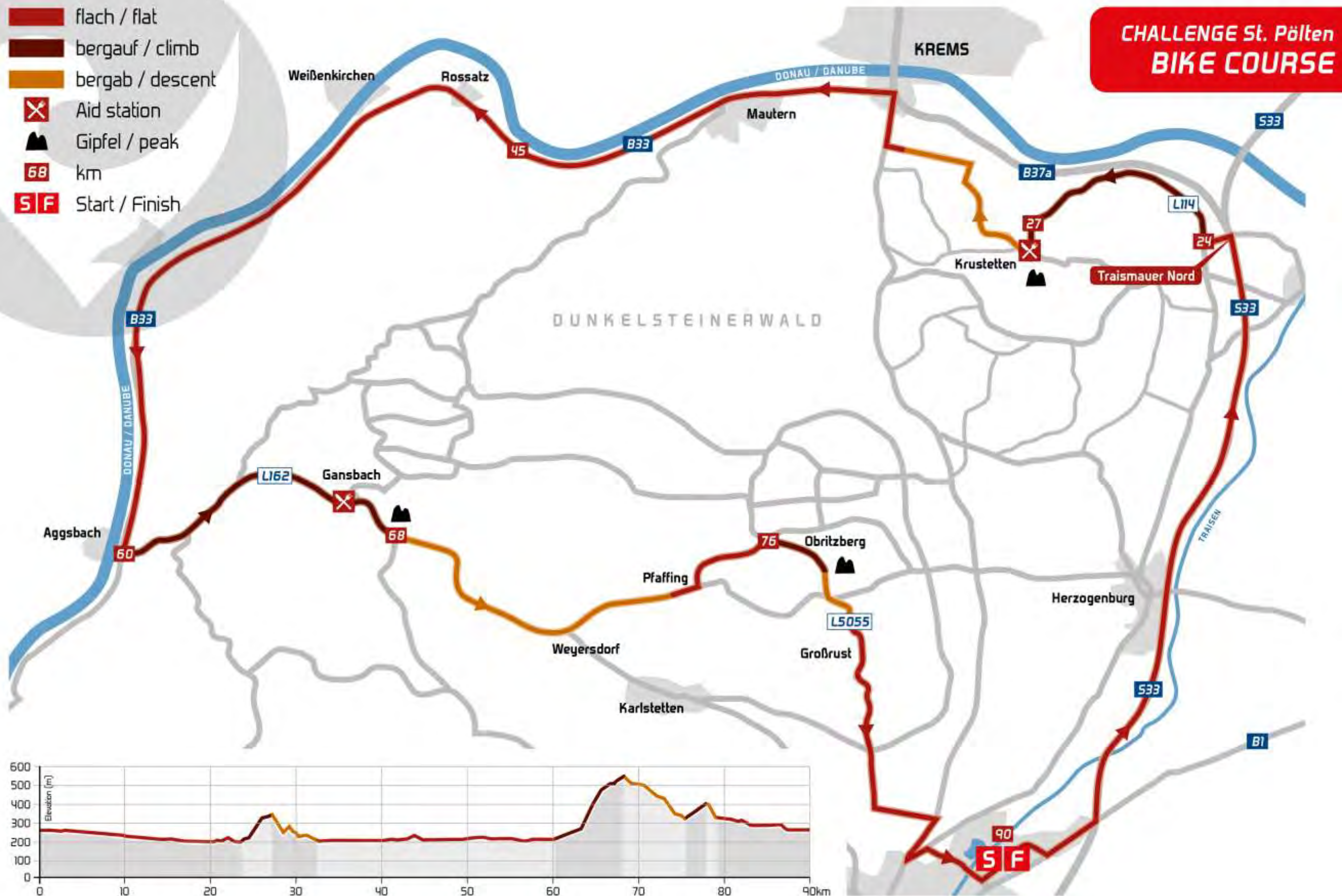
River

Penalty





- flach / flat
- bergauf / climb
- bergab / descent
- X Aid station
- Gipfel / peak
- 68 km
- S F Start / Finish



## CHALLENGE St. Pölten BIKE COURSE



<https://www.komoot.de/tour/360819693>

bike: cut off == 5:30

- don't get on your bike before the mount line
- keep right, pass left
- NO LITTERING except the aid stations
- 2 aid stations: Krustetten (27k), Gansbach (68k)
- all liquids are bottled and the bottles fit in your bike cage
- 2 penalty tents, after aid-station in Gansbach, 1 @entrance to transition
- road is closed, but be aware of uncoming traffic (contra flow)





## rules:

- 12m DRAFTING BOX
- 25 sec to overtake
- no drafting
- no blocking
- no littering, unsportsmen like behavior, electronic devices, coaching, outside assistance
- you can be advised of the penalty AFTER the moment of contravention
- stay right
- always leave your helmet on

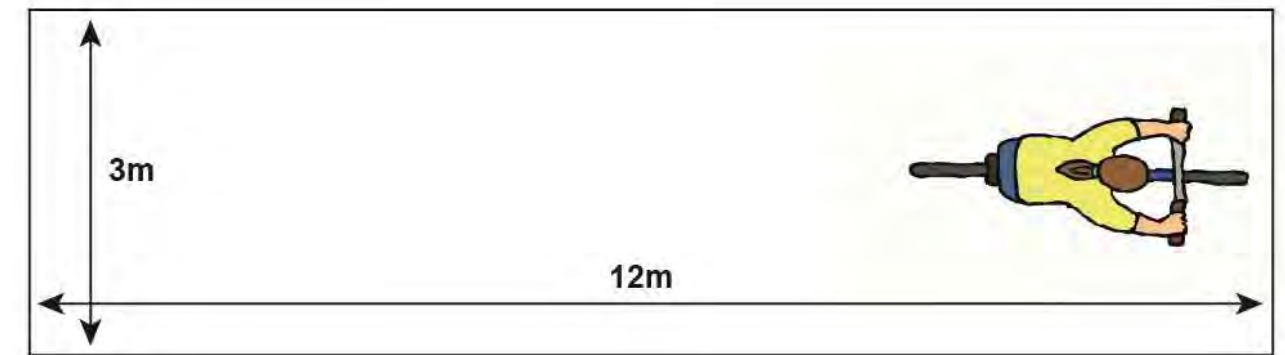
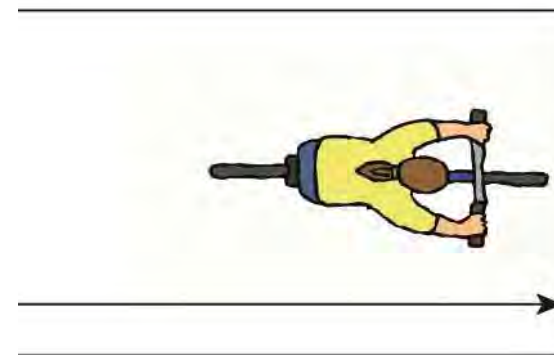
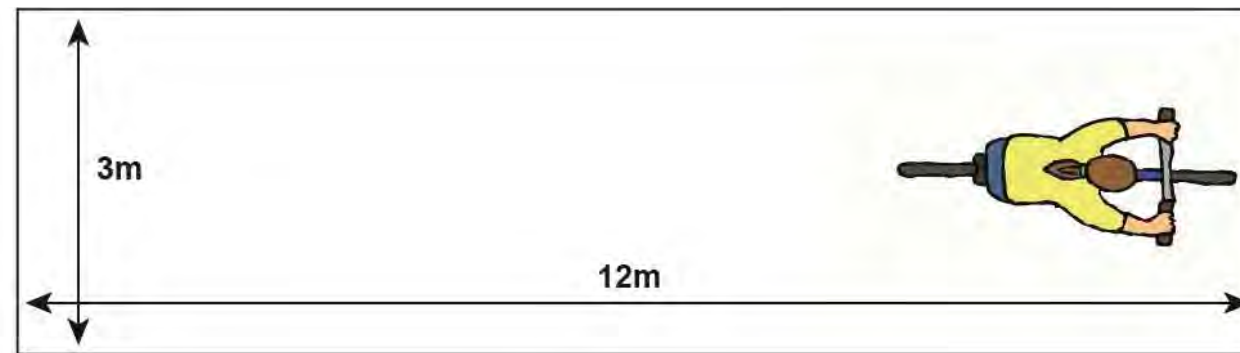
there will be 2 aid stations on the bike track





## rules:

- 12m drafting from front wheel to front wheel
- max. 25 sec. for overtaking
- It is every athletes own responsibility to enter the penalty box



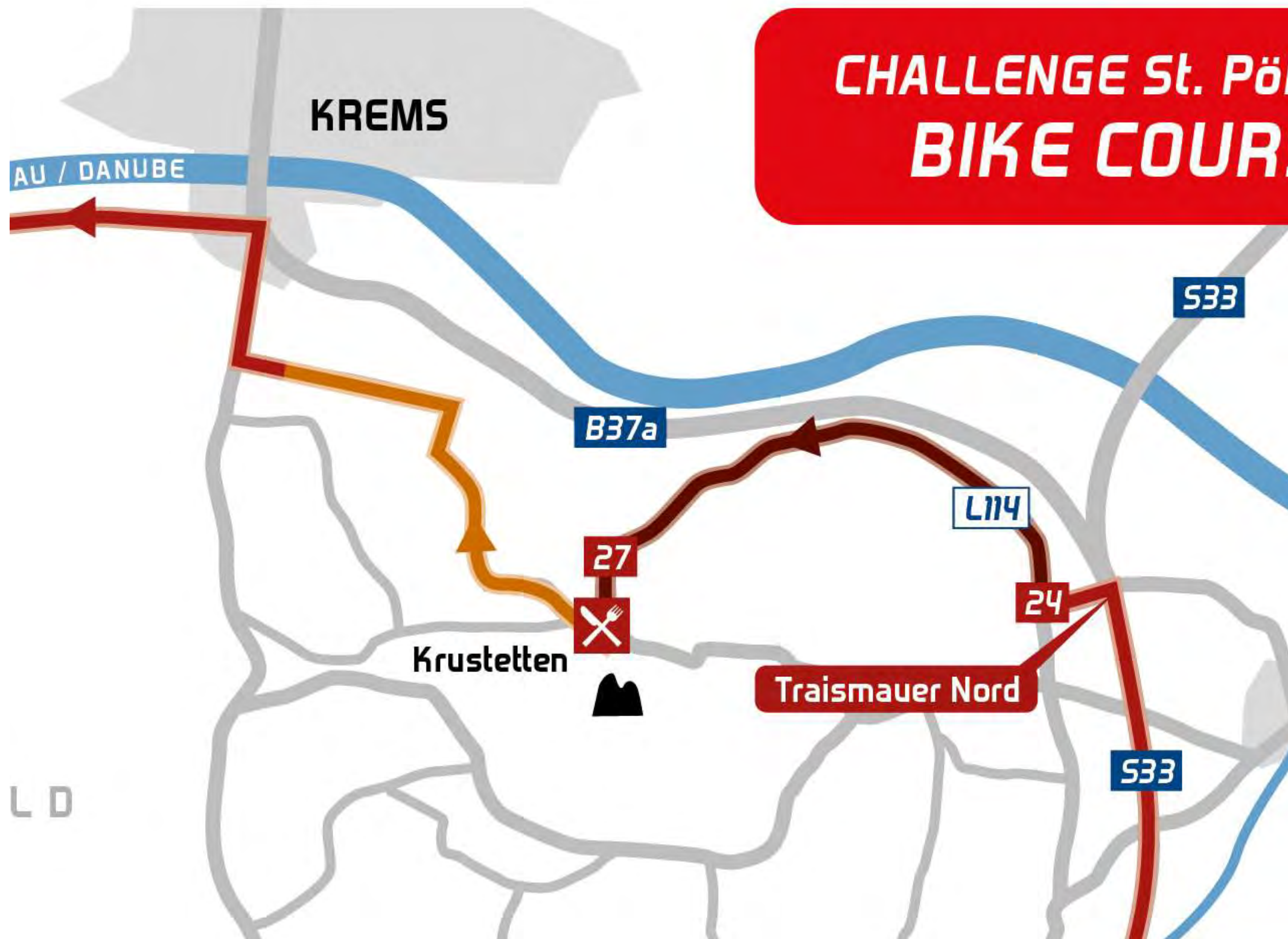
25 seconds



## penalty cards:



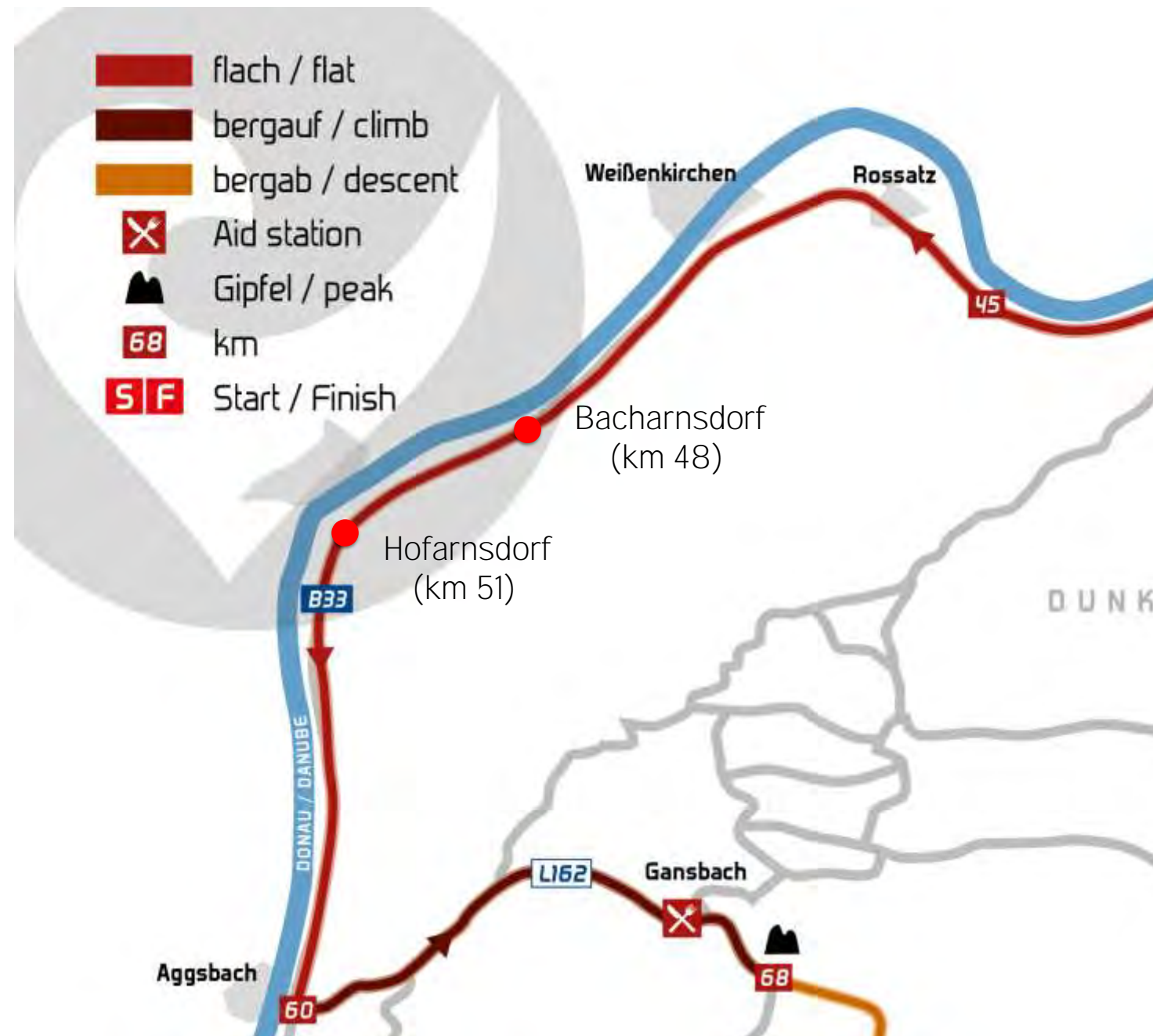
- ALWAYS stop at the NEXT penalty box (if not = DSQ)
- blue card: 5 minutes penalty @penalty box
- red card: immediately DSQ - but you can continue racing
- 3 blue cards is a DSQ



Attention!  
dangerous descent  
-  
watch the video:

<https://youtu.be/8faHU5z7www>





**Attention!**  
Public bike path on the bike  
course  
Section between  
km 48 and km 51

## transition bike – run

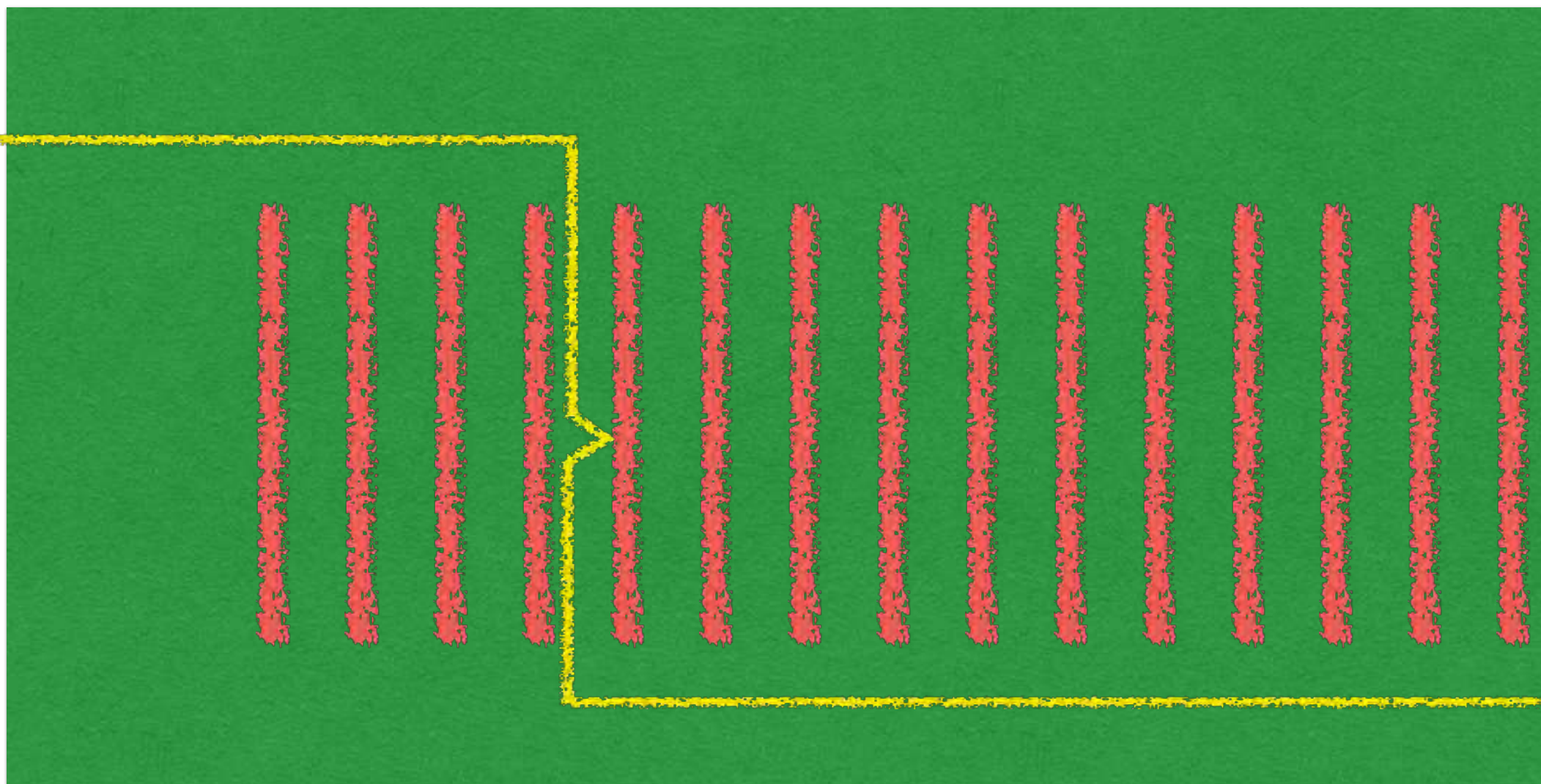
- dismount before the dismount line
- rack your bike at your position
- run to your red run bags
- only unclip your helmet after you racked your bike
- only change clothes in the changing area
- put all your bike gear in your red run bag
- deposit your red run bag in the drop zone outside the changing area
- BIB at the front
- exit transition onto the run course





River

Penalty





<https://www.komoot.de/tour/367668209>







*red = bike course*  
*orange = run course*

run rules: cut off == 8:30

- NO littering
- NO pacing
- NO coaching
- NO outside assistance
- NO electronic devices
- NO cutting the course

due to the covid situation there are no sponges on the track.  
there will be aid stations every ~2.5 km.





# finish



- return the timing chip before you exit the finish area
- finisher medal in your starter bag
- exit finishline immediately
- relaxing zone is located on the opposite side of the finishline exit
- medal engraving at the infopoint (EXPO)
- we will hand out a mask that you have to wear asap after the finishline.

## awards & slots

- sunday during the race after top 3 finisher in each age group
- starting with pros at app. 11.30 am
- podium/stage located at the EXPO

[online live timing available here](#)

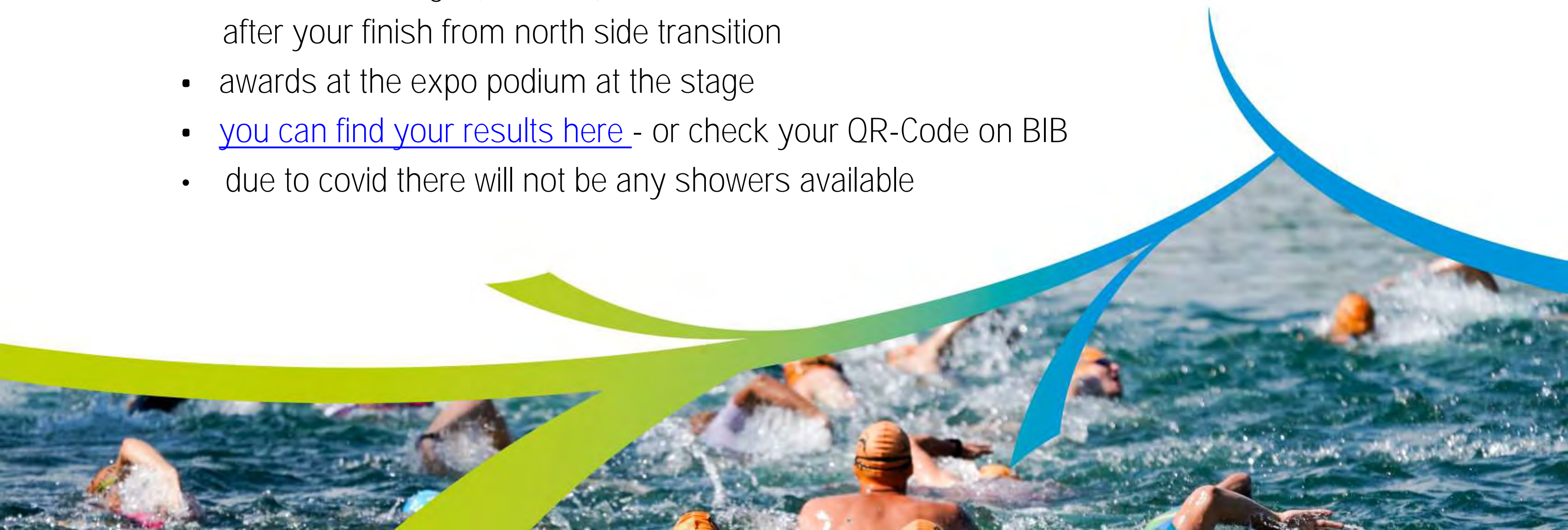
slot winners for Challenge Championships will be communicated per e-mail





## after the race:

- white bags available behind the relaxing zone
- relaxingzone opposite finishline exit (top of NV Arena)
- bike and run bags (red/blue) & bike check out after your finish from north side transition
- awards at the expo podium at the stage
- [you can find your results here](#) - or check your QR-Code on BIB
- due to covid there will not be any showers available



entry & exit - relaxing zone







bike check out

you have to bring  
your BIB to get  
your bike

# covid prevention concept

## rules & bubbles





bubble-areas for covid-checked athletes and accompanying people only





## travel information and covid rules



watch out all rules and regulation on our event-homepage:

[Travel Information - Challenge St. Pölten \(challenge-stpoelten.com\)](https://challenge-stpoelten.com)

because these regulations can change daily, we recommend to watch out this site again before the race weekend. Please read carefully to have all necessary documents and information for your entry to Austria and the on-site registration.

additional information:

our event caterer Flieger Catering offers meals in the bubble from friday until sunday.

please book here: <https://challenge-stpoelten.com/travel/on-site-catering/>

# duty of wearing a mask

you must wear a FFP2 mask

- in the bubble
- at the test check
- at the registration
- swim start incl. pre start area (until you jump into the water)
- in transition for bike check in and bike check out
- in the after finish relaxingzone
- at the stage
- always when you have less then 2m distance to the next person







rules & information:

<https://challenge-stpoelten.com/>

[ÖTRV Sportordnung](#)



we  are  
triathlon



we  are  
family

